

SPLASH YOUR COLOUR



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This competition is only for students from Class 1 to 5



VIVA Teresa.... A Way to Sanctity **Little Flower Forane Church, Nerul**

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Editorial

On August 6, 1945, during World War II, an atomic bomb was dropped on the town of Hiroshima in Japan. Over 140,000 people were killed or injured in the holocaust.

There was a home eight blocks (about 1 kilometer) from where the atomic bomb went off. This home had a church attached to it which was completely destroyed, but the home survived, and so did the eight German Jesuit missionaries who prayed the rosary in that house faithfully every day. About their remarkable experience they say, "we believe that we survived because we were living the message of Fatima. We lived and prayed the Rosary daily in that home."

"Give me an army saying the Rosary and I will conquer the world," says St. Pope Pius IX. With a Holy Mission to connect Heaven and Earth, Mother Mary gave us a weapon of prayer - the Rosary. Unique and simple, just like Mother Mary. The most significant element in this prayer is that Mother Mary herself joins us in this prayer to God and through her intercession, we receive an abundance of blessings.

Our Lord cannot set aside the pleas of His Holy Mother. With much confidence, we can reach out to our Mother with numerous petitions. We are so lucky to have Mother of God interceding for us in Heaven. The Rosary is not a prayer of words, but of meditation. When we complete praying an entire Rosary of 20 mysteries, we would have meditated upon the entire gospel: the incarnation, birth, life, suffering, death, resurrection and glory of our Lord Jesus Christ. No method of prayer is more beneficial than this.

We celebrated the 69th Independence Day and the Assumption Day of Mother Mary on August 15. We must remember that the best definition of freedom was uttered by Mother Mary, "thy will be done". Isn't surrendering one's will to God the real freedom?

St. Padre Pio said, "Rosary is the 'weapon' for these times." So let us use this weapon to grow in holiness and prayer life. Let us use this highway to Heaven and also the storehouse of countless blessings.

Glory to our Lord Jesus Christ.

- Chief Editor

ഇടയശബ്ദം



ഈശോയിൽ സ്നേഹമുള്ളവരെ,

മാതാവിന്റെ ജനനതിരുനാളിന്റെ മംഗളങ്ങൾ ഏവർക്കും സ്നേഹത്തോടെ നേരുന്നു. ആഗതമാകുന്ന ഇടവക തിരുനാളിന്റെ പ്രാർത്ഥനാ മംഗളങ്ങളും!

നമ്മുടെ സ്വർഗ്ഗീയ അമ്മയായ മാതാവിന്റെ നാമം വിളിച്ചുപേക്ഷിച്ചാണല്ലോ നാം എല്ലാവരും പ്രാർത്ഥനയുടെ ബാലപാഠങ്ങൾ ഹൃദി സ്ഥമാക്കിയത്. അതാകട്ടെ നമുക്ക് ശീലമാക്കിത്തന്നത്. നമ്മുടെ സ്നേഹവാത്സല്യങ്ങളായ അമ്മമാരിലൂടെയാണ്. ജപമാലയിലൂടെയാണല്ലോ നാമെല്ലാം പ്രാർത്ഥിക്കാൻ പഠിച്ചത്. രൂപമണികളിലൂടെ വിരൽ ഓടിച്ച് പ്രാർത്ഥിച്ച് ഓരോ പ്രാർത്ഥനയും എണ്ണപ്പെടുന്നവയാണെന്ന് നാം മനസ്സിലാക്കി. വിലയുള്ളവയെ മാത്രമേ നാം എണ്ണി തിട്ടപ്പെടുത്താറുള്ളല്ലോ!!

പരിശുദ്ധ അമ്മ ഉത്തമ ക്രിസ്ത്യാനി ആയിരുന്നു. ക്രിസ്തുവിനെ ഇത്ര ആഴത്തിൽ മനസ്സിലാക്കു

കയും അനുധാവനം ചെയ്യുകയും ചെയ്ത മറ്റൊരു വ്യക്തിത്വത്തെ കാണാൻ നമുക്കാകില്ല. നിശബ്ദമായ ഒരു പിഞ്ചലായിരുന്നു പരിശുദ്ധ അമ്മയുടേത്. ദൈവവചനത്തെ ധ്യാനിക്കുകയും അതിലൂടെ ദൈവേഷ്ടം തിരിച്ചറിഞ്ഞ്, അവ നൂറ് ശതമാനവും ജീവിതത്തിലൂടെ ആത്മാർത്ഥതയോടെ നിറവേറ്റുകയും ചെയ്ത അമ്മ, എപ്രകാരമാണ് തിരുവചനത്തെയും, ധ്യാനത്തെയും, ജീവിത വിശുദ്ധിയെയും ഏകോപിപ്പിക്കേണ്ടത് എന്നതിന്റെ ഉത്തമ മാതൃക കൂടിയാണ്.

എണ്ണം പറഞ്ഞ് അനുഗ്രഹങ്ങൾ യാചിക്കുന്നവർ മാത്രമാകാതെ, പരിശുദ്ധ അമ്മയെ അനുകരിക്കുന്നവരാകാൻ കൂടി ഈ കാലഘട്ടത്തിൽ നമുക്ക് പരിശ്രമിക്കാം.

സ്നേഹത്തോടെ,
ബിജു അച്ചൻ

LETTER TO MY LITTLE FRIENDS

Is a smile so effective?

When Mother Teresa was alive she was visited by some American journalists in Kolkata. They asked her for some advice which they could carry home to their families. Mother Teresa said, "children smile at your parents, parents smile at your children, wives smile at your husbands, husbands smile at your wives and families." Finding the advice to be too simplistic and that too coming from a nun, one of them asked her, "how can you say this? Are you married?" "Yes," she replied, "and I find it very difficult to smile at Jesus. At times He can be very demanding."

Our Lord Jesus shared a special relationship with His mother and when we study the texts available, from our human experience, we find that He was demanding and difficult. In the temple after He was found, He emphatically told His mother that He was busy doing His Father's business. At the wedding in Cana when Mary made the need for wine known to Him, He reminded her that "his hour had not yet come" and then when He was dying on the Cross, He handed over the responsibility of the early Church to her. Being the Mother of God did not really bring her any privileges, but more responsibilities and because of her faith and obedience to God's word, she readily accepted those responsibilities. Mary is the Queen of our families because she continues to smile down from heaven on all of us who have faith in her intercession. We observe eight days of abstinence because we have faith that Mary is listening to the sadness in our heart and interceding for our needs.

But are you willing to make efforts to smile at your families, parents, friends who fight with you and your brothers and sisters? Are your problems preventing you from smiling? That may be because you are lacking in faith and your belief that problems will never end. Mother Mary teaches us to have faith in God and to pray, especially as a family. Parents should set an example in praying as Mother Mary's parents did -- not only in moments of crisis but also during happy times. Rosary is a beautiful prayer, so spend time reflecting on the Word of God, especially the Holy Eucharist. Dedicate our family to the intercession of Mary. Also, as we prepare ourselves for the birthday of our Heavenly Mother, let us also remember and pray to her parents Joachim and Anne. Thank God for giving such holy parents and our dear Mother Mary as their Daughter.

Yours Sintoachan



PARISH NEWS AT A GLANCE

St. Thomas Day

The feast of St Thomas was commemorated on July 3 with much devotion. The day was marked with Eucharistic celebration and Ladeenj. On this day, 11 catechism students of our parish joined the altar service. Wearing ecclesiastical vestments and special prayers were part of the ceremony during the Holy Mass.

Mathrusangam sports

The members of Mathrusangam came together for their annual sports event on July 11. They had a fun day with various games arranged by Asst. Parish priest Rev Fr Sinto. About 80 members attended the programme

Orientation seminar

On July 19, an orientation seminar for Catechism teachers of Navi Mumbai Forane and Antop Hill Forane was held at Little Flower Forane Church. Rev Fr Sheen Chittattukara, Director of Catechism, Kalyan Diocese, took a class for the teachers. About 150 teachers attended the seminar.

St. John Maria Vianny Feast

St. John Maria Vianny feast, also the All Priests Day, was commemorated on August 4. It was also the birthday of our parish priest Rev Fr Biju Kollamkunel. After the Holy Mass, Rev Fr Biju, Rev Fr Sinto and Rev Fr Sony Thekkekara cut the cake as part of the celebration.

St Thomas Academy

August 9 was a day of cultural activities for catechism students. It was also a day to spot and nurture various talents

among our catechism students. They presented group and individual cultural activities like song, dance and skit

Feast of Assumption of Mother Mary

The feast of Assumption of Mother Mary was commemorated on August 15. As it was also the Independence Day, flag hoisting was done by Parish Priest Rev Fr Biju Kollamkunnel before the Holy Mass and Ladeenj. Youth members visited Haji Malang orphanage and old age home on the same day. About 40 youth members joined the trip.

Faith Formation Sunday

As part of faith formation, Rev Fr Justin Kalleli took a very informative class for parents on bringing up children on August 16. During the day, catechism students were given a class on faith formation by Asst. Parish Priest Rev Fr Sinto Enanickal.

Unit get-together and feast

Feast celebrations and unit annual get-together of St Thomas unit (July 5), St Dominic Savio unit (July 12), Holy Trinity unit (July 19), St Peter's unit (July 25), St Mary's unit (August 16) and Fatima Matha (August 25) were conducted with entertainment programmes during the last two months. Respected priests, sisters and trustees were present on these days.

Onam celebration

Our parishioners celebrated Onam on August 30. There were cultural programmes after the Holy Mass. The youth, in Kerala attire, welcomed 'Maveli' with Onappattu, pulikali and kalaripayattu and Mathrusangam members performed Thiruvathirakali. Tug-of-war contest was also held on the occasion. Payasam was served after the programme.

Continued from previous page

'Faith is a conviction...

go to church and in the morning they used to pray Rosary for us. So I was always attached to the church... and as an altar boy I used to recite the prayers in Syriac language. I still remember how my parents used to talk about priests. With at most respect they used to talk about them, like they are men of God. If a priest visited our home, my mother would go and kneel before him and kiss his hands. If she cooked something special at home, we children were entrusted to take a share of it to the parish priests. Actually my parents never asked me whether I wanted to become a priest. My two sisters are nuns and my brother is a priest. Some of the examples of priests also motivated me to become a priest.

At home, if the parents talk negatively about priests, children will never get an idea to become a priest or nun. To conclude, I would say that the vocation to priesthood is a gift of God and I got this gift of God, the vocation, through my parents. So the parents should take up the responsibility to make the children understand that it's a sublime vocation.

Your Excellency, do you think Sunday catechism and family unit meetings are enough for children, or even adults, to get into a personal relationship with Jesus? If not, what else is necessary?

Sunday school is helping the children and youth to grow in faith. Theoretical knowledge about faith can be given through Sunday school. There also, children need good examples to get a conviction about what they learn in Sunday school. In school or college, or to become a good engineer, theoretical knowledge is sufficient. But faith is a conviction. That's why after teaching the disciples for 3 years Jesus asked them: "who do you say I am?" This He asked to know whether they got the conviction "who He is". So whenever I talk to Catechism teachers I tell them to give the children living examples and conviction about what they learn. Last week, when we priests were attending a retreat conducted by Fr Dominic Valanmanal, he spoke about his life experience of living in faith. That motivated me very much. Maybe I have learned the same or even more about faith theoretically but his life example inspired me. Good relationship with Jesus will give a good relationship with the church also. A good relationship with Jesus will always reflect in the relationship with our brethren and with the church. So children will never go away from the church when they become youth if they have good relationship with Jesus.

How can we prevent ourselves from getting into the trap of protestant teachings?

First of all, this happens because of our lack of knowledge about our faith. We don't know how to answer their questions or express the correct knowledge about our faith... hence we can get easily influenced by them. That's why faith formation must be a continued process. So we must have a platform to discuss our doubts. In Catholic Church, we have three fortresses to protect our faith: 1. Word of God; 2. The Magisterium or the official teaching of the church and 3. The Sacred tradition or the teachings of the Fathers of the church. In Catholic Church, the deposit of faith is never the teaching or interpretation of one person, it's the collective teaching. Unlike protestant teachings, Catholic Church gives importance to the Sacred traditions as a source of faith. it's never a thought or interpretation of one person. It must always fall in line with or in the light of the tradition of the church. It's a teaching of 2,000 years. So in order not to get influenced by wrong teachings, we must have platforms to discuss and clear our doubts. Hence an ongoing adult faith formation is a must. I know about one such platform. Parents' (who are waiting in the church to take their children back home from Catechism classes) get together on Sundays and a resource person to guide them. Whenever we get doubts about venerating Mother Mary or about matters of faith like purgatory etc., we must have such platforms for discussion to clarify our doubts. But somebody must be guiding the discussion.

As inter-caste marriages are on the rise in the diocese, what can be done about the situation? What's your assessment ?

Why do we discourage inter-caste marriages? In marriage, God is bringing together two persons, making them one in body, mind and spirit. They have to be one in faith to be one in spirit. If faith is not one, they can never become one in spirit. Actually speaking, they cannot pray together. Even ideologically, they can be one. But the foundation is not stable. If the one partner, who is not in Christian faith, is willing to change his/ her faith then you can say it's a little better than keeping their different faith and getting married. In that case, you can say it's 75 per cent solved. Because there are cases of conversion and there are people who faithfully keep it. So if somebody does that (conversion), it should not be as a mask just to enter into marriage. When the partners keep their different faith and get married, what about their children? I say this inter-caste marriage is a crime against their children. Which faith should they follow? Who will teach them? They are confusing their children. The Bible teaches no marriage is allowed with non-believers because you will lose your faith. But unfortunately many a time we have to give the consent letter. You know why? Some parents who are living in good faith find their children adamant in marrying someone from different faith. Seeing these parents' tears and

fearing that if they're not allowed to marry in the church we may lose both, we give the consent. So to keep at least one in the Church we give dispensation. But that (inter-caste marriage) is not considered as a sacrament. To receive the sacrament of matrimony, both the partners must be Catholics. I take classes for the youth and when they understand the teaching even they say this kind of marriage must not be allowed in the Church.

What are the challenges before the diocese at present and in the coming years? Has the diocese been able to take the message of Jesus to interior regions of Maharashtra ?

We have four missions. I can say, to a great extent, we are able to take the message of Christ. Sangli mission is the topmost. There we have social and charitable activities -- Christ witnessing events. There was one priest in one of the villages. Every morning he used to pray before the Holy Eucharist in the church. He told the villagers if they have any prayer intentions they can give it to him so that he can pray to God about it. One day, villagers asked whether they can join the prayers. The priest agreed and together they started praying. It so happened that the villagers found their intentions answered and the number of people increased like 25-30. One day, when I visited this place they were praying. All of them were Hindus but they were praying around the Holy Eucharist. All came to greet me touching my feet. The end result was that a whole village received our faith and we have a parish there just for Marathi people. There was nobody to oppose as the whole villagers took the decision together and not one person. It's a small village comprising only 35 people.

We don't have any challenges at present or even recent times for our diocese. In most of the places, there is an understanding between us and other communities. The advantage they see is that we work for the poor out of love for our Lord and as per His commandment. We had crisis situation before but not at present. We have 185 priests in the diocese including the mission areas.

How can we prevent the young generation from endangering themselves by modern technology? For example, smart phones and internet etc...

A conscientisation must be given to the youth about this through classes. We must keep a watchful eye on them. Only parents can give that. Even in seminaries, our brothers are not allowed to use personal cell phones. The use of computer by our children must be given even more vigilant attention. Even though modern technologies have made our life easier, it has many adverse effects as well. Distraction from their studies is

one of them. An enticing or tempting world has been created by the digital world. So we have to be all the more watchful or else there is every chance

HE DWELLS IN ME !

Babykutty, Cherupushpam Unit

Even to a very tiny flower
He who gives enormous splendour.
That same Lord Himself dwells,
In my heart, in my soul....

Even in a tiny dew drop,
He who flashes, rainbows...
That same Lord, Himself dwells,
As a whisper, in my soul.

Even the golden moon in the sky,
Fading before His shining face...
That same Lord Himself dwells,
As a flame, in my soul.

Even the suns of milky ways....
Stay, on His finger tips...
That same Lord Himself dwells,
In my heart, in my soul...

Directives about temptations

Meditation:

Today after Holy Communion, Jesus again gave me a few directives: **"First, do not fight against a temptation by yourself, but disclose it to the confessor at once, and then the temptation will lose all its force. Second, during these ordeals do not lose your peace; live in My presence; ask My Mother and the Saints for help"** (Diary, 1560).

Prayer Response:

Thank You, Lord, for giving me directives about temptations. May I always be open with my confessor. May I remain at peace in the midst of temptation by living in Your presence and asking Mother Mary and the Saints for help.

Source: Divine Mercy, Diary of St. Maria Faustina

POPE FRANCIS No lifelong positions in the church

"The only one who is indispensable is the Holy Spirit, and no one is Lord, except Jesus Christ," Pope Francis said to a group of 30,000 people at an inter-denominational rally of charismatic Christians in St. Peter's Square.

"It is appropriate that all services in the Church have a time limit," he said. "Leaders for life happen in countries under a dictatorship."

"Believing yourself to be indispensable is a great temptation for leaders, and it comes from the devil," said the Pontiff. "Authoritarianism and personalism easily enter in when leaders desire to hold onto their position forever" and "one slides from being a servant to being a master," he said.

The 78-year-old Pontiff has said on other occasions that he would be prepared to resign instead of ruling for life if he felt he could not continue running the 1.2 billion-member Church for health or other reasons.

He added that Benedict's decision "should not be considered an exception, but an institution." "Nowadays an emeritus pope is not a strange thing, but it opened the door for this to exist," he said.

Pope Francis also said, however, that he did not like the idea of an automatic retirement age for popes, for example at age 80.

The Pope took advantage of Friday's meeting to request prayers for Christian unity. "Unity in diversity" and "in the name of the same baptism that we have received" is key, the Pope said, since divisions among Christians "are a counter-witness."

Recalling the twenty-three Egyptian Coptic Christians killed in Libya by ISIS, Francis said, "They are our martyrs; and if the enemy unites us in death, who are we to divide ourselves in life? There are differences, but let's leave them aside. Let's move forward with what unites us; that is enough," he said.

Source : Vatican Radio

വിശ്വസിച്ച് വാഗ്ദാനം

Sr. Mollykutty Edackadu,
Apostolic Oblates



'കർത്താവ്' അരുളിച്ചെയ്ത കാര്യങ്ങൾ നിറവേറുമെന്ന് 'വിശ്വസിച്ച് വാഗ്ദാനം' (ലൂക്ക. 1:45). മറിയം തന്റെ ഇളയമ്മയായ എലിസബത്തിനെ സന്ദർശിച്ച വേളയിൽ എലിസബത്ത് പരിശുദ്ധാത്മാവിനാൽ പൂരിതയായി ഉദ്ഘോഷിച്ച വാക്കുകളാണിവ. മറിയത്തിന്റെ ഏറ്റവും വലിയ ഭാഗ്യമായ ദൈവമാതൃ സ്ഥാനത്തിന് അവളെ അർഹമാക്കിയത് അവളുടെ വിശ്വാസമാണെന്ന് എലിസബത്ത് ഇവിടെ ഏറ്റുപറയുകയാണ്. മറിയത്തെ സംബന്ധിച്ചുള്ള ദൈവത്തിന്റെ പ്ലാൻ അവളിൽ പൂർത്തിയാകുമെന്ന് അവൾ വിശ്വസിച്ചു. അവളുടെ വിശ്വാസത്തിന്റെ ബഹിർസ്തപൂരണം അവളുടെ സ്തോത്രഗീതത്തിൽ നമുക്കു കാണാം.

"ഇപ്പോൾ മുതൽ സകല തലമുറകളും എന്നെ ഭാഗ്യവതി എന്നു പ്രകീർത്തിക്കും" (ലൂക്ക. 1:48). ദൈവവചനത്തിൽ അടിയുറച്ചു വിശ്വസിച്ച് അവൾ ജീവിച്ചു. മാനു

ഷികമായ സുരക്ഷിതത്വങ്ങൾ ഉപേക്ഷിച്ച് ദൈവം ഒരുക്കിയ വഴികളിലൂടെ അവൾ യാത്രചെയ്തു.

ക്രിസ്തീയ ജീവിതം വിശ്വാസത്തിലധിഷ്ഠിതമായ ജീവിതമാണ്. നിന്റെ വിശ്വാസം നിന്നെ രക്ഷിച്ചിരിക്കുന്നു എന്ന് ഈശോ പലരോടും പറയുന്നതായി വി. ഗ്രന്ഥത്തിൽ നാം വായിക്കുന്നുണ്ട്. പ. അമ്മയുടെ വിശ്വാസജീവിതം നമുക്ക് എപ്പോഴും മാതൃകയാണ്. പ. അമ്മയെപ്പോലെ വിശ്വാസത്തോടുകൂടി ജീവിതാനുഭവങ്ങളെ വിലയിരുത്തുകയും സ്വീകരിക്കുകയും ചെയ്യുമ്പോൾ അവ ദൈവസ്നേഹത്തിന്റെ സ്പർശനങ്ങളായി നമുക്ക് അനുഭവപ്പെടും. നമ്മുടെ ജീവിതത്തിലെ ഓരോ നിമിഷങ്ങളിലും വിശ്വാസ ജീവിതത്തിൽ മുന്നേറുവാൻ പ. അമ്മയുടെ മാതൃക നമുക്കു സ്വീകരിക്കാം. കാരണം വിശ്വാസ ജീവിതത്തിൽ അവൾ നമ്മുടെ വഴികാട്ടിയാണ്.

ജപമാല

തിന്മക്കെതിരെയുള്ള ആയുധം

Sr. Lizy Cheriyyatharappel,
Apostolic Oblates



തിന്മയേയും തിന്മയുടെ ശക്തികളെയും എതിർത്ത് തോൽപിക്കുന്നതിനും വിശുദ്ധിയിൽ വളരുന്നതിനും ദൈവം തന്റെ മക്കൾക്കായി വെളിപ്പെടുത്തിത്തന്ന ഭക്തിയുടെ മാർഗ്ഗങ്ങളിൽ ഒന്നാണ് പരി. കന്യകാമാതാവിനോടുള്ള ഭക്തി (ജപമാല പ്രാർത്ഥന.)

ഒക്ടോബർ മാസം നാം ജപമാല ഭക്തിക്കായി പ്രത്യേകം നീക്കിവെച്ചിരിക്കുന്ന മാസമാണ്. ഈ ഭക്തി തിരുസ്സഭയിൽ ആരംഭിച്ചിട്ട് നൂറ്റാണ്ടുകളായി. അതിന്റെ ആരംഭം തിരുസ്സഭ നേരിട്ട ഒരു പ്രതിസന്ധിയിൽ നിന്നായിരുന്നു. 13-ാം നൂറ്റാണ്ടിൽ ഫ്രാൻസിൽ രൂപംകൊണ്ട ഒരു പാഷാഢധതയായിരുന്നു ആൽബിജെൻസിയൻ പാഷണ്ഡത. അവർ തിരുസഭയ്ക്കെതിരെ പ്രവർത്തനമാരംഭിച്ചു. ഏറെപ്പേർ സഭ വിട്ടുപോയി.

അക്കാലത്ത് ആത്മാക്കളുടെ രക്ഷയിൽ അതീവ തീക്ഷ്ണമതിയായിരുന്ന ഒരു വൈദികൻ സ്പെയിനിൽ ജീവിച്ചിരുന്നു - വി. ഡൊമിനിക്ക. തിരുസഭയെ ജീവനുതുല്യം സ്നേഹിച്ച അദ്ദേഹത്തിന് ഇത് വേദന ഉളവാക്കി. ഇതിന് ഒരു പ്രതിവിധി ദൈവം കാണിച്ചു തരുന്നതുവരെ താൻ ജല

പാനം പോലും ചെയ്യില്ല എന്ന് പ്രതിജ്ഞ എടുത്തു. വനത്തിൽ പോയി തപസ്സും പ്രായശ്ചിത്തവും ചെയ്തു. മൂന്നാം ദിവസം പരി. അമ്മ ഉണ്ണീശോയോടുകൂടെ ആ മകൻ പ്രത്യക്ഷപ്പെട്ട് മാലാഖയുടെ കീർത്തനം (നന്മ നിറഞ്ഞ മറിയമേ എന്ന പ്രാർത്ഥന) ചൊല്ലാൻ ആവശ്യപ്പെട്ടു. മാലാഖയുടെ ഈ കീർത്തനമുപയോഗിച്ച് അദ്ദേഹം 16 വർഷം പ്രാർത്ഥിച്ചു. അങ്ങനെ പാഷാഢധത തുടച്ചു മാറ്റപ്പെട്ടു.

അന്നുമുതൽ ഇന്നുവരെ പരി. ജപമാലയിലൂടെ പൈശാചിക ശക്തികളുടെ കോട്ടകളെ അമ്മ തകർത്തുകൊണ്ടയിരിക്കുന്നു. ജപമാലയിലെ ഓരോ നന്മനിറഞ്ഞ മറിയമേ എന്ന പ്രാർത്ഥനയും ശത്രുവിന്റെ തലയ്ക്കു നേരെയുള്ള ഓരോ വെടിയുണ്ടകളാണ്.

മനുഷ്യനെ തന്റെ പാപങ്ങളിൽ നിന്നും രക്ഷിക്കാൻ ഈശോ മനുഷ്യരുടെ പാപങ്ങളെല്ലാം ഏറ്റെടുത്ത് കുരിശിൽ ബലിയർപ്പണം നടത്തി. എന്നാൽ മനുഷ്യൻ വീണ്ടും വീണ്ടും പാപം ചെയ്യുമ്പോൾ അവൻ വീണ്ടും കർത്താവിനെ കുരിശിൽ തറയ്ക്കുന്നു. ഇപ്രകാരം പാപം ദൈവത്തെ വ

ധിക്കുന്നു. പാപം മനുഷ്യന്റെ ആത്മാവിനെയും നശിപ്പിക്കുന്നു. തോബിത്തു 12:10 ൽ പറയുന്നു: “പാപം ചെയ്യുന്നവൻ സ്വന്തം ജീവന്റെ ശത്രുവാണ്”.

കരുണാമയനായ ദൈവം തന്റെ അമ്മയെ ലോകത്തിന്റെ പാലഭാഗങ്ങളിലേക്ക് അയച്ചുകൊണ്ട് മാനസാന്തരത്തിന്റെ സന്ദേശങ്ങൾ നൽകിക്കൊണ്ടിരുന്നു. എല്ലാ സ്ഥലങ്ങളിലെയും സന്ദേശങ്ങളുടെ പൊരുൾ ഒന്നുതന്നെ - പാപജീവിതം പാടേ ഉപേക്ഷിച്ചുകൊണ്ട് ഒരു വിശുദ്ധ ജീവിതം നയിക്കുക. 1917 ഒക്ടോബർ 13 ന് ഫാത്തിമയിൽ ലൂസി, ജെസീന, ഫ്രാൻസിസ് എന്നിവർക്ക് അമ്മ പ്രത്യക്ഷപ്പെട്ടു. ലോകം മാനസാന്തരപ്പെട്ട ദൈവത്തിലേക്ക് തിരിഞ്ഞില്ലെങ്കിൽ ഭയാനകമായ യുദ്ധം ഉണ്ടാകുമെന്നും അതിന്റെ ഫലമായി പല രാജ്യങ്ങളും നശിക്കുമെന്നും സഭ പീഡിപ്പിക്കപ്പെടുമെന്നും അന്നു പ്രവചിച്ചു. അതുപോലെത്തന്നെ സംഭവിച്ചു. 1939-ൽ രണ്ടാം ലോകമഹായുദ്ധം പൊട്ടിപ്പുറപ്പെടുകയും ആറരകോടിയിലധികം മനുഷ്യർ മരിക്കുകയും ചെയ്തു.

സ്പെയിനിലെ ഗരബന്ദാളിലും (1961-1965), മെഡ്ജുഗോറയിലും, ഇറ്റലിയിലെ മോണ്ടികുരിയിലും (1947) പരി. അമ്മ പ്രത്യക്ഷപ്പെട്ട് സന്ദേശങ്ങൾ നൽകി. മനുഷ്യൻ മാനസാന്തരപ്പെടുന്നില്ലെങ്കിൽ പറഞ്ഞറിയിക്കാൻ കഴിയാത്ത അതിഭയാനകമായ ഒരു ശിക്ഷ മനുഷ്യരാശിയുടെമേൽ ഉണ്ടാകും എന്ന് അമ്മ പറഞ്ഞു.

ജപമാല പ്രാർത്ഥനയിലൂടെ നാം

യഥാർത്ഥത്തിൽ ഒരു ആത്മീയ യുദ്ധമാണ് നടത്തുന്നത്. പരി. അമ്മയും അമ്മയുടെ മക്കളും ഒരു ഭാഗത്തും സാത്താനും അവന്റെ അനുയായികളും മറുഭാഗത്തും നിന്നുകൊണ്ടാണ് ഈ യുദ്ധം.

പരി. ജപമാല ഇത്രയധികം ഫലപ്രദമാകാനുള്ള കാരണം എന്താണ്? എന്തെന്നാൽ അത് ലളിതമായ പ്രാർത്ഥനയാണ്. അത് നമ്മെ എളിമയിലും, ഹൃദയശാന്തതയിലും, ഹൃദയലാളിത്യത്തിലും ആദ്ധ്യാത്മികമായി രൂപീകരിക്കുന്നു. ഈ പ്രാർത്ഥനയെ വലിയവരും അഹങ്കാരികളും പൂച്ഛിക്കുമ്പോൾ ബാലികാബലന്മാരും, പാവപ്പെട്ടവരും, വിനീതരും, ദൈവവിശ്വാസമുള്ളവരും വലിയ സ്നേഹത്തോടും ആനന്ദത്തോടും കൂടി ചൊല്ലി പ്രാർത്ഥിക്കുന്നു. പിശാചിന്റെ അഹങ്കാരം ശിശുക്കളുടെ എളിമയാൽ പരാജിതമാക്കപ്പെടും.

പരി. അമ്മയുടെ വിമല ഹൃദയം നോഹയുടെ പെട്ടകം പോലെയാണ്. അമ്മയുടെ വിമല ഹൃദയത്തിൽ സമർപ്പിക്കപ്പെടുന്നവർ തീർച്ചയായും രക്ഷപ്പെടും. അതിന് ഒന്നാമത്തെ ഉദാഹരണമാണ് റഷ്യയിലെ കമ്മ്യൂണിസ്റ്റ് ഭരണകൂടത്തിന്റെ തകർച്ച. പരി. അമ്മയുടെ ആവശ്യപ്രകാരം റഷ്യയെ അമ്മയുടെ വിമലഹൃദയത്തിലേക്ക് സമർപ്പിച്ച് പ്രാർത്ഥിച്ചു. ലോകത്തെ മുഴുവൻ അതഭൂതപ്പെടുത്തിക്കൊണ്ട് ആ ഭരണകൂടം തകർന്നു വീണു. അതോടൊപ്പം ഇതിന്റെ പിടിയിലായിരുന്ന പോളണ്ട്, ജർമ്മനി, യുഗോസ്ലാവിയ, ഡെന്മാർക്ക്, ചെക്കോസ്ലാവിയ

തുടങ്ങി രാജ്യങ്ങളും രക്ഷപ്പെട്ടു.

ആയതിനാൽ പരി. അമ്മയുടെ മക്കൾ ഒരു സത്യം മനസ്സിലാക്കണം. അമ്മയുടെ വിമലഹൃദയത്തിന് സമർപ്പിക്കപ്പെടുന്ന രാജ്യവും, രൂപതയും, ഇടവകയും, കുടുംബവും, വ്യക്തികളും രക്ഷപ്പെടാതിരിക്കയില്ല.

എന്തുകൊണ്ടാണ് ഈ വിമലഹൃദയത്തിന് ഇത്രമാത്രം പ്രാധാന്യം? കാരണം ഈശോ പിറന്നത് ആദ്യം ഈ വിമലഹൃദയത്തിലാണ്. അതിനാൽ തന്നെ ഈ വിമലഹൃദയം പരിശുദ്ധിയുടെ പരിശുദ്ധിയാണ്. ഒരു വ്യക്തിയെ ഈ വിമലഹൃദയത്തിന് സമർപ്പിക്കുമ്പോൾ ആ വ്യക്തിയിലെ അശുദ്ധമായതിനെല്ലാം അമ്മയുടെ വിമലഹൃദയത്തിലെ അഗ്നി നിമിഷനേരംകൊണ്ട് ദഹിപ്പിച്ചു കളയുകയും ആത്മാവിനെ ശുദ്ധീകരിക്കുകയും ചെയ്യും.

എല്ലാ വിശുദ്ധരും അമ്മയോട് വലിയ ഭക്തിയുള്ളവരായിരുന്നു. സ്വർഗ്ഗത്തിലെത്തിച്ചേരാനുള്ള ഏറ്റവും എളുപ്പവഴിയാണ് പരി. ജപമാല. ദിവസവും മുപ്പതിൽ കൂടുതൽ ജപമാല ചൊല്ലിയിരുന്ന വിശുദ്ധരും. ഉദാ. വി. പാദ്രേപിയോ., ജോൺ പോൾ രണ്ടാമൻ മാർപാപ്പ ദിവസവും മുട്ടുകുത്തി നിന്ന് ഒരു സമ്പൂർണ്ണ ജപമാല ചൊല്ലുമായിരുന്നു. 2002-ൽ ജപമാലയെക്കുറിച്ച് ഒരു ചാക്രിക ലേഖനവും അദ്ദേഹം എഴുതി.

ജപമാല വെറുതെ ചൊല്ലിത്തീർക്കാനുള്ളതല്ല. രക്ഷാകര ചരിത്രം മുഴുവൻ ഉൾക്കൊള്ളിച്ചിരിക്കുന്ന ഈ 20

പടവുകളിലിരുന്ന് നമ്മുടെ സുഖദുഃഖങ്ങൾ ചേർത്തുവെച്ച് ദൈവഹിതത്തിനു കീഴ്വഴങ്ങാനുള്ള ശക്തിയാർജ്ജിക്കണം. അതുവഴി മഹത്വത്തിന്റെ ആനന്ദത്തിലേക്ക് നമുക്കു പ്രവേശിക്കാനാകും. ജപമാലചൊല്ലി പ്രാർത്ഥിക്കുന്നവർക്ക് ദൈവം നൽകുന്ന സംരക്ഷണം അത്ഭുതകരമാണ്. ഓരോ രഹസ്യം ചൊല്ലുമ്പോഴും ഓരോ പ്രത്യേക കാര്യത്തിനായി നിയോഗം വെച്ചു പ്രാർത്ഥിക്കുമ്പോൾ അത് സുന്ദരമായ മദ്ധ്യസ്ഥ പ്രാർത്ഥനയാകും. ജപമാല ചൊല്ലുന്നതു വഴി തിന്മയുടെയും പാപത്തിന്റെയുമൊക്കെ സ്വാധീനം നമ്മിൽ കുറഞ്ഞുവരും.

വിശ്വാസത്തിന്റെ ഇരുൾവഴിയിലൂടെ തപ്പിത്തടഞ്ഞുള്ള യാത്രയായിരുന്നു പരി. മറിയത്തിന്റേത്. മനസ്സിലാക്കാൻ കഴിയാത്ത ദൈവിക വെളിപ്പെടുത്തലുകൾക്കു മുന്നിൽ മറുചോദ്യമില്ലാതെ അവൾ നിന്നു. ജീവിത പ്രശ്നങ്ങളെ വിശ്വാസപൂർവ്വം നേരിടാതെ മദ്യത്തിലും മയക്കുമരുന്നിലും വിവാഹമോചനത്തിലും ആത്മഹത്യയിലുമൊക്കെ അഭയം തേടുന്ന ആധുനിക മനുഷ്യന് പരി. അമ്മയുടെ ജീവിതം വെല്ലുവിളിയാണ്. പരി. മറിയത്തെ നമ്മുടെ അമ്മയായി സ്വീകരിക്കാം. ആ കരങ്ങളിൽ സുരക്ഷിതരായിരിക്കാം.

“ഈശോയോടുള്ള ഭക്തിയോടൊപ്പം നമ്മുടെ സ്വർഗ്ഗീയ അമ്മയോടുള്ള ഭക്തിയിലും കുറവു വരുത്തുവാൻ പാടില്ല”.

(ദൈവദാസൻ ബിഷ. വില്യം ജക്വിൻ)



കാക്കിപുരാണം

NELSON C. J., DON BONSCO UNIT



കാലം..... അനന്തകാലോദയങ്ങൾക്കു മുമ്പേ സ്വർഗ്ഗത്തിലെ കാക്കകൾക്ക് മാരിവിൽ അഴകായിരുന്നു. നാനാവർണ്ണങ്ങളിൽ ചേലാർന്ന ചിറകുകൾ വിടർത്തി - മാലാഖമാർക്കൊപ്പം തിമിർത്താലോഷിച്ചൊരു കാലം ! ആദം ഹവ്വമാർ പരിലസിച്ച് സ്നേഹ പറുദീസയാം ഏദൻതോട്ടം ആദ്യം പാപം ചെയ്തവർ പടിയിറങ്ങിയ സ്വർഗ്ഗീയ ഭവനം

ആപ്പിൾ മരക്കൊമ്പിലിരുന്നെല്ലാം കൺകൊണ്ട കാകന്മാർ ആദ്യത്തെ കൊമ്പുണങ്ങിയപ്പോൾ ആധികൊണ്ടു വിറച്ചു. അന്ധകാരം നിറഞ്ഞതാരി ഏദൻതോട്ടം... ഇനിയെന്ത് ? അഴുകി പഴകിയവ കൊത്തിപ്പെടുക്കി അർദ്ധപ്രാണരായി വിധിശീലമായപ്പോൾ കറുത്തിരുണ്ടുപോയി കാക്കകൾ ! കാക്കകൾ നിങ്ങൾ കറുത്ത കാക്കകൾ !!

മഹാപേമാരികളും പ്രളയത്തിനും കാലം വിരാമമിട്ടു നോഹയുടെ പെട്ടകം പർവ്വതോച്ചിയിൽ ഉറച്ചുപോയി. വെളിച്ചത്തിന്റെ കിളിവാതിലിലൂടെ നോഹ വാനം കണ്ടു വെള്ളം കുറഞ്ഞു കുറഞ്ഞു വരുന്നതു കണ്ടു ജാലകം തുറന്നു. ഒരു മലകാക്കയെ ആകാശചെരുവിലേക്ക് പറത്തി വിട്ടു. തീരങ്ങൾ തേടി പറന്നു നടന്നു; ആ കാക്ക മടങ്ങിവന്നില്ല നോഹയുടെ മനമറിയാത്ത കറുത്ത കാക്ക പറന്നു പറന്നു പോയി.

യജമാനനോട് വിശ്വസ്തത കാണിക്കാത്ത കാക്കകൾ സത്കർമ്മങ്ങൾക്കു മുമ്പ് കാക്കയെ കാണുക വിപത്ചിന്തയത്രേ ! ചിലർക്ക് അമൂർത്ത വിചാരം കറുത്ത കാക്കയെ പ്രതി !! അഹങ്കാരത്തിന്റെ വൻമതിലിലിരിക്കണ പെരുംകാക്ക പെരുമഴയുടെ ആരവം കൊണ്ടു പറക്കണ മലംകാക്ക മുത്തും പവിഴവും കൊക്കിലൊതുക്കി ആഴങ്ങളിൽ നിന്നും -

കടലിന്റെ ഇരമ്പലുമായുയർന്ന് അലയടിച്ചു വരണ കടൽക്കാക്ക
കാടികളും വേഗത്തിൽ മിന്നി പറക്കണ കാവതിക്കാക്ക
നാടൻപാട്ടിന്റെ ശീലുമായി താണു പറക്കണ നാടൻ കാക്ക.

കാക്കയ്ക്കു തൻകുഞ്ഞ് പൊൻകുഞ്ഞു തന്നെയെന്ന് പൊരുൾ !
വാനമേലച്ചുരുളുകളിൽ നിറങ്ങുന്നവധിയെങ്കിലും
കാക്കയ്ക്കു നിറം കറുപ്പുതന്നെ; യുഗങ്ങളത്ര കഴിഞ്ഞാലും !
നാളനവധി; നാടനവധി പാറിപറന്നാലും
കാക്കതൻ മുത്തു തന്നെ കാക്കയ്ക്കു പ്രിയം
കുഞ്ഞികാക്ക തൻ കൊക്കിലൊരുമ്മ - അതൊരുത്വം !

ജനുസലേമേ, യൂദയേ, രാജാക്കന്മാരേ,
വിധിയെക്കുറിച്ചു ബോധവാന്മാരാകുക; നിങ്ങൾ
പ്രവാചകന്മാരെത്ര പേർവന്നു; നിങ്ങളവരെ വിധിച്ചു;
പ്രശാന്തമായൊരി ഭൂയിടം രക്തപങ്കിലമായി.
ജോർദ്ദാനുമപ്പുറം കൊടുവനത്തിലൊറ്റക്കു ഏലിയായ
കൊറീത്തു നദിക്കു സമീപമൊളിച്ചു താമസിക്കുന്ന കാലം.
പ്രവാചകൻ ഏതോ ഗൃഹയിൽ മിണ്ടാപ്രാണിയായി.

ഇനി ദൈവത്തിന്റെ അനന്തപരിപാലന അറിയണം;
പ്രാതലും അത്താഴവുമെത്തിക്കാൻ കാക്കകൾ
അപ്പവും മാംസവും കാക്ക കൊക്കിലൊതുക്കിയെത്തുന്നു
കാക്ക ഒരു അമൂർത്ത ജീവി; നികൃഷ്ടമെങ്കിലും
കൊക്കിൽ കൊത്തിവലിച്ചെത്തിക്കുന്നതു അപ്പക്കഷണങ്ങൾ
അരുവിയിൽ നിന്നു ദാഹജലം
പ്രവാചകനെ പരിപാലിക്കാൻ കാക്കയെപ്പോലും -
നിയോഗിക്കുന്ന ജഗത്നിയന്താവിന്റെ സംരക്ഷണ വലയം !
ജീവനെപ്രതി ആഹാരമെത്തിക്കുന്ന കാക്ക നിയോഗം !!

ചിറകടിച്ചു പറക്കണ പാവം പക്ഷി ജീവികളേക്കാൾ
എത്രയോ പ്രിയതരമാണു സ്നേഹനാഥനു നമ്മൾ
പാറിപറക്കണ വെറും കാക്കകൾ ... പാവം കാക്കകൾ
എന്തെങ്കിലുമൊക്കെ കൊത്തിപ്പെടുക്കി തൃപ്തിയടയുന്നു.
അവ വിതയ്ക്കുന്നില്ല, കൊയ്യുന്നില്ല, ശേഖരിക്കുന്നില്ല.

കലവറയോ കളപ്പുരയോ അവയ്ക്കില്ല !
കാക്കയെ തീറ്റിപ്പോറ്റുന്ന സർവ്വേശ്വരന്റെ സൃഷ്ടിവിഭാസം !
നാഗിപറക്കുന്ന പരുന്തുകളും പാറിപറക്കുന്ന പറവകളും
ലോകനാഥനു ഒരുപോലെക്കിലും അറിയുക;
ഏറ്റം ശ്രേഷ്ഠമായ ജീവി മനുജനെന്ന നേരറിവ്.

ആയിരം മേനി കാക്കപ്പൊന്നുമായി പറന്നുവന്നു.
കുട്ടത്തോടെ വട്ടമിട്ടു പറന്നു; കൊത്തിപ്പെടുക്കി പങ്കുവെച്ചു
ഉച്ചമഴയിലൊരു കാക്ക കുളിക്കാനിരുന്നു.
കാക്കത്തൊള്ളായിരം തവണ കുളിച്ചുനോക്കി
കാക്ക കുളിച്ചാൽ കൊക്കുകുമോ ?
കാക്കകൾ നിങ്ങൾ ... വെറും കാക്കകൾ.... പാവം കാക്കകൾ

ജനപഥങ്ങളേ..... നാട്ടറിവിന്റെ പൊരുളറിയാവിൻ
ജന്മമേകിയ പിതാവിനെ പരിഹസിക്കുന്നവരെ
പെറ്റമ്മയേ വെറുപ്പോടെ ധിക്കരിക്കുന്നവരെ
കേൾക്കുക; കണ്ണുകൾ മലങ്കാക്കൾ കൊത്തിപ്പിടിക്കും.
നിങ്ങൾ കൊത്തിപ്പിളർന്ന കണ്ണുകളുമായി അലയും !

മരണത്തിന്റെ ദൂതുമായി പറന്നിറങ്ങുന്ന കാക്കകൾ
മൃത്യു സന്ദേശ വാഹകർ നിങ്ങൾ കേൾക്കുക;
കൺതുറവിയിൽ കാക്കയെന്നും അപശകുനം തന്നെ.
മരണാനന്തര ചടങ്ങുകളിൽ കാക്കയാണു താരം
ശ്രാദ്ധമുണ്ണാൻ ചിറകിട്ടിയിട്ടെത്തുന്നു കാകസംഘം
ഉരുളവെച്ചു നീട്ടി, കൈകൊട്ടി നീട്ടി നീട്ടി വിളിക്കുന്നു.
കാക്കപ്പടയെത്തുമ്പോൾ സഹലമാകുന്ന ശ്രാദ്ധച്ചടങ്ങ്
കാക്കകൾ.... വെറും കാക്കകൾ.... ബലികാക്കകൾ !

മാങ്കാനിലിരുന്നു കാക്ക കുടി വിളിച്ചു
വാഴക്കൈയിലിരുന്നു കാക്കക്കുട്ടം കാകാ വിളിച്ചു
ഇന്നിവിടെ വിരുന്നുകാരുണ്ടെന്നു പഴമൊഴി.
വിരുന്നുകാരെ വിരുന്നുകാരെ വരിക വരിക നിങ്ങൾ
കാക്കകൾ നിങ്ങൾ; സ്നേഹിതർ നിങ്ങൾ.

Protected by the Rosary

The following inspiring episode from World War II, written by Sr. Mary Sheila O'Neil and reported in the October-December, 1979 issue of Garabandal Magazine illustrates the power of the Rosary:

It was a busy day in March. As a teacher-principal in the 1950's, I had to make sure that each day provided the time for the two separate roles. On that March fourth, an incident between a teacher and a parent had kept me out of my class for almost an hour that morning, so for the rest of the day, I was desperately trying to make up class time. Hence, the knock on my door at 2.00 p.m. was not welcome.

With relief, I found it was only a salesman who needed my signature and even produced his pen. As he did so, his Rosary had caught onto the pen's clip and came out as well. I signed as I said indifferently, "So, you are a Catholic." "Oh no," he said, "but a lot of us owe our lives to Our Lady, and I promised Her I would always keep my Rosary with me and say it every day."

Twenty minutes later, I was still at the door listening, fascinated, to the account of one of the wonderful experiences a group of airmen had had with Our Lady. My visitor hesitated to start, for he had noticed my "non welcome" opening of the door. But eager now to hear his story, I assured him that the class was doing an exercise, and I begged him to proceed. He continued:

It was May, 1940, and we had joined the Air Force in late September. At Halifax, we were given an intensive training course, because they needed us overseas, and to us young lads, the whole program was exciting.

We were grouped into squadrons, each of which consisted of six to ten planes, and each was trained to maneuver as a unit. Therefore about thirty to fifty men made up a squadron, along with the squadron leader who gave all the orders and kept the group functioning in unity.

In May, our squadron was told we were going overseas and would be in action at once. We would work on nightly missions over enemy territory until the war was over. We were waiting for our new squadron leader, due to arrive in two days on a 9:00 p.m. air-force flight. Being an officer, he would, we thought, go at once to the officers' quarters.

We watched the plane, glimpsed him from the distance, and

resigned ourselves to waiting until the next day to "size him up." A couple of hours later, this squadron leader, Stan Fulton, in full uniform, entered our bunk house.

"Well men, we're going to spend some dangerous hours together, but let's hope we all meet back here when it's over. Ah, there's a free bunk and I am tired! I'll meet each of you tomorrow."

With that, he threw his bag on an upper bunk. Our squadron leader, an officer, sleeping here with us! We liked him at once and our liking and our admiration grew each day.

That first night he knelt on the floor and prayed his Rosary in silence. Astounded, we were struck dumb. When he finished, he looked at us with his friendly smile and said, "I hope you guys don't mind a fellow saying some prayers because where we're going, we're going to need them."

The next day our maneuver practice, under his command, assured us that Fulton was not just our military leader, but our friend. He was one of us; he never tried to intimidate us with his rank.

That night, he repeated his prayer session. Although our group had trained together for six months at least, I had never seen anyone kneel in prayer, and had no idea that any of our group was Catholic; but the third night three of our companions joined Fulton in saying the Rosary. The rest of us did not understand but we kept a respectful silence.

A few nights later — we were quick learners — we all answered the Hail Marys and Our Fathers. Fulton looked pleased, and thus we ended each day in prayer.

On June 1, 1940, we were to leave Halifax to begin a series of night raids from England over Germany. The evening before, Fulton gave each of us a Rosary.

"We shall be in some tight situations, but then, if you agree, we'll say the Rosary. If you will promise to keep the Rosary with you always throughout your life and to say it, I can promise you that Our Lady will bring you all back safe to Canada."

We answered, "Sure thing." Little did we dream we would be in action for four years, many times in dreadful danger with fire all around us. At such times, Fulton's voice would ring through each plane, "Hail Mary..." How reverently and sincerely did we respond! How many hundreds of Rosaries we must have said.

After two years, it was noted that ours was the only squadron that

had not lost a plane nor a single life. We said nothing, but we knew.

Finally, the terrible war was over. During those years, we lost all sense of excitement and adventure. All that concerned us was survival! We did survive, too. All returned to Canada in 1945, fully convinced that Our Lady had taken care of us.

So I never forget to keep my Rosary with me and say it every day although I am not a Catholic. When I change my trousers, the first thing I transfer, even before my wallet, is my rosary.

A Way To Sanctity – 14

SAINT TERESA OF AVILA

Teresa was the daughter of noble parents in Spain. When she was only seven years of age, she and her little brother liked to read stories from the lives of saints. When Teresa was still quite young, she became crippled by a disease and was unable to walk. She prayed to St. Joseph, who cured her. Teresa lost her mother when she was twelve. She begged the Mother of God to be her mother. Five years after her mother's death, she joined the Carmelite order. She built many convents. By the grace of God, Teresa led a holy life and left her mark on the Church and the world as a contemplative woman and an active reformer.

As a woman, Teresa was self-reliant, even in the man's world of her time. She was "her own woman," entering the Carmelites despite strong opposition from her father. Teresa was a woman "for God," a woman for prayer, discipline and compassion. Her heart belonged to God. Her ongoing transformation was an arduous lifelong struggle, involving ongoing purification and suffering. Her writings on prayer and contemplation are drawn from her experience; powerful, practical and graceful. She was a woman of prayer and a woman of God.

By a life of prayer, work and sacrifice, Teresa brought many souls to Jesus. Her many writings show her great love of God. She had a vision of Jesus and many saints. She died on October 4, 1582. In 1970, the church gave her the title she had long held in the popular mind: Doctor of the church. She and St. Catherine of Siena were the first women so honoured.



Confident woman

Bijitha Joyce, Cherupushpam Unit



Who is a confident woman ?

This was a question that kept niggling my mind for a very long time, and interestingly every phase of my life gave me a different answer -- an answer that didn't stay long.

I'm sure this question has put you either thinking for an answer or maybe you know it and you are attempting to verbalise it.

Well, I used to always affix confidence to my abilities and performance. My professional measure of success or satisfaction was directly proportional to my confidence level. Therefore, the thought of leaving my 'job' was a nightmare because it shattered my confidence status quo.

However, very soon my quest for the puzzle (who is a confident woman ?) culminated into a profound insight that kept me going strong, but with a lot of grace. These are purely my thoughts, and I hope it adds value.

One of the needs that most of us have, in fact all of us have, is the need to "seek approval from others". The need to look good, the need to have a good job, need to have a good house, the need to have a good car, the need to have only success, the need to have good education and the list goes on ... All these are to satisfy the need to get approval from others. We all want others to say that we look good, we do good, we behave well, we raise good children etc.

Our focus is to LOOK good but not FEEL good.

However, in this epic battle to satisfy others, we lose the opportunity to know ourselves better, to love ourselves more, to correct all the blunders that we did (and the ones that we will keep doing). I have started to believe that this need for approval builds only superficial confidence – a confidence that just vapourises when you lose all of the above materialistic gains.

Instances of women wishing to continue their career after a break, come with very low self-confidence. A housewife or a home maker is

crushed with low or no confidence and makes me realise how little we know about ourselves.

Confidence is not in what you have, how you look, where you have come from, it's not about your abilities or talents, it's not about your achievements, it's not about your past. It's about WHO YOU ARE TODAY. It's about how much you know yourself, love yourself and love the creator who made you.

God has made us complete and whole and the fact that he has made us like Him is enough to love ourselves.

We are not loving the flesh but the beauty of the creator in us. Once this is set as a foundation, no amount of success or failure can mar our confidence. We walk in faith having no dependence in our abilities/skills/wealth/our network but having an impregnated confidence in GOD.

The constant need for approval of others influences us so strongly that we forget to value and have gratitude in what we already possess. Each and every day, when started with a lot of gratitude, creates space to have more.

GRATITUDE and FAITH as a value can eradicate the need to be approved by others and raise our confidence in God. Confidence in God is the best and lasting confidence one can have.

Love yourself. Love others. Remember, DEPRIVED cannot PROVIDE. ■

Testimony

My name is Bennett Lazar. By the Grace of God I cleared the CA final group 2 examination. This was my 5th attempt. After 4th attempt, I decided to work. I got a job in HDFC, but I quit my job on the third day. I was unable to concentrate on my work as I was terribly depressed. On January 21, 2015 when Parish Priest was praying and I made a covenant with God.

"Please help me to clear the exam and I will testify it", I prayed. I would like to thank Priest for his immense prayer every Thursday and God for showering His mercy and grace on me.

Amen.

THE ORIGIN OF ROSARY

The word rosary comes from Latin and means a garland of roses, the rose being one of the flowers used to symbolize the Virgin Mary. The rosary is a devotion in honor of the Virgin Mary. It's commonly said that St. Dominic, the founder of the Order of Preachers (the Dominicans), instituted the rosary. It is not so. Certain parts of the rosary predated Dominic; others arose only after his death.

Centuries before Dominic, monks had begun to recite all 150 psalms on a regular basis. As time went on, it was felt that the lay brothers, known as the *conversi*, should have some form of prayer of their own. They were distinct from the choir monks, and a chief distinction was that they were illiterate. Since they couldn't read the psalms, they couldn't recite them with the monks. They needed an easily remembered prayer.

The prayer first chosen was the Our Father, and, depending on circumstances, it was said either fifty or a hundred times. These *conversi* used rosaries to keep count, and the rosaries were known then as *Paternosters* ("Our Fathers").

In England there arose a craftsmen's guild of some importance, the members of which made these rosaries. In London you can find a street, named Paternoster Row, which preserves the memory of the area where these craftsmen worked.

The rosaries that originally were used to count Our Fathers came to be used, during the twelfth century, to count Hail Marys or, more properly, the first half of what we now call the Hail Mary. (The second half was added some time later.)

Both Catholics and non-Catholics, as they learn more about the rosary and make more frequent use of it, come to see how its meditations bring to mind the sweet fragrance not only of the Mother of God, but of Christ himself.

Source: www.catholic.com

ഓർമ്മിക്കാൻ ... ആചരിക്കാൻ ...

സെപ്തംബർ 2015

- 1 എട്ടുനോമ്പാരംഭം
- 4 ആദ്യവെള്ളി
- 5 വാഴ്ത്തപ്പെട്ട മദർ തെരേസ
- 8 പ. കന്യകാമറിയത്തിന്റെ പിറവിത്തിരുന്നാൾ
- 12 വി. ജോൺ ക്രിസോസ്തം
- 14 വി. കുരിശിന്റെ പുകഴ്ച
- 21 വി. മത്തായിശ്ലീഹ
- 26 വി. വിൻസെന്റ് ഡി. പോൾ
- 29 മാലാഖമാരായ മിഖായേൽ, ഗബ്രിയേൽ, റഫായേൽ
- 30 വി. ജറോം

ഒക്ടോബർ 2015

- 1 വി. കൊച്ചുത്രേസ്യ
- 2 കാവൽ മാലാഖ
ആദ്യവെള്ളി
- 3 വി. ഫ്രാൻസിസ് അസ്സീസി
- 15 ആവിലായിലെ വി. ത്രേസ്യ
- 16 വാഴ്ത്തപ്പെട്ട തേവർപറമ്പിൽ കുഞ്ഞച്ചൻ
- 17 വി. ലൂക്കാ സുവിശേഷകൻ
അന്ത്യോക്യയിലെ വി. ഇഗ്നേഷ്യസ്
- 18 മിഷൻ ഞായർ
- 28 വി. ശിമയോൻ, വി. യൂദാ തദേവൂസ് ശ്ലീഹന്മാർ
- 31 സകല വിശുദ്ധരുടെയും തിരുന്നാൾ

കുടാരം

Babykutty, Cherupushpam Unit

നാമാ നിൻ ഹൃത്തിനുള്ളിൽ എന്റെ കുടാരം
സ്നേഹപൂർവ്വതയ്ക്കു മേഞ്ഞ കുഞ്ഞു കുടാരം
അതിനങ്കണത്തിൽ നന്മതൻ മുല്ല പൂക്കുന്നു
പുണ്യം പൂമണമായ്, പെയ്തു നിൽക്കുന്നു

അലിവിൻ തേനരുവിയൊന്ന് അരുകിലൊഴുകുന്നു
ആനന്ദം പാൽപ്പതയായ് പതഞ്ഞെത്തുന്നു.
സത്യം വെൺ ശിലകളാൽ വേലിതീർക്കുന്നു.
സത്ചിന്തകൾ ചിരകിഴി പരന്നെത്തുന്നു.

വാത്സല്യം ഹൃദയവിണയിൽ ശ്രുതിയുണർത്തുന്നു
ശാന്തി തൻ പൂങ്കാറ്റുവന്ന് മനസ്സു തഴുകുന്നു
ധ്യാനലീന നിമിഷങ്ങൾ മിഴികൾ കൂപ്പുന്നു
നാമാ നിൻ തോളത്ത് ശിരസ്സു ചായ്ക്കുന്നു

Marriages

1. 23rd August - Edison Thomas and Steffy Antony
2. 26th August - Breezo Antony and Ancy Anna
3. 29th August - Jaison Jacob and Shilly Varguese

Baptism

2nd August - Joel Chonedan
(Grand son of Thomas Varguese - St. Thomas Unit)

Nine major approved marian apparitions

These are the nine major approved Marian apparitions of modern times, based on their acceptance by the Church and the importance they have assumed over time.

The Apparitions of Our Lady of Guadalupe in Mexico

Mary appeared four times to Juan Diego in 1531 at Tepeyac hill near Mexico City. She proclaimed herself the spiritual mother of all mankind and left her miraculous image on Juan Diego's outer garment, his tilma. To this day Mexicans have a great devotion to Our Lady of Guadalupe.

The Apparitions at Rue du Bac, Paris, France

Mary appeared to Catherine Labouré, in the chapel of the Daughters of Charity of St. Vincent de Paul, at Rue du Bac in Paris, three times in 1830. She showed her the design of the the medal of the Immaculate Conception, the "Miraculous Medal." This medal, when propagated, helped to renew devotion to Our Lady, both in France and eventually around the world.

The Apparition at La Salette, France

Mary appeared to two children, Maximin Giraud, aged 11, and Mélanie Calvat, aged 14, in 1846, one afternoon while they were looking after the animals high up on the mountain. She appealed for penance and an end to Sabbath breaking and blasphemy in the region. This apparition is credited with a major revival of Catholicism in the area.

The Apparitions at Lourdes, France

Mary appeared to Bernadette Soubirous, aged 14, a total of eighteen times at Lourdes in southern France, at the Grotto of Massabielle. She asked for penance and prayer for the conversion of sinners, and described herself as the "the Immaculate Conception." Lourdes is most famous for the miraculous spring which has been responsible for many cures accepted by the Church.

The Apparition at Pontmain, France

Mary appeared in the sky over the small town of Pontmain in north-western France to a group of young children for about three hours in January 1871, as the Franco-Prussian war was threatening the area. Her message appeared on a banner under her feet, and encouraged prayer while emphasising Jesus' love and concern. The village was spared invasion.

The Apparition at Knock, Ireland

Mary appeared at Knock, a small village in County Mayo, Ireland in August 1879. A number of villagers of diverse ages saw a silent apparition, which lasted about three hours, outside the gable end of the local church. They saw three figures, Mary, Joseph, and St John the Apostle, as well as a lamb on an altar and angels.

The Apparitions at Fatima, Portugal

Three children, Lucia de Santos, aged 10, and her two cousins, Francisco Marto, aged 9, and Jacinta Marto, aged 7, saw Mary six times between May and October 1917. She described herself as "Our Lady of the Rosary," while urging prayer, and particularly the rosary, as well as penance for the conversion of sinners, and the consecration of Russia to her Immaculate Heart.

The Apparitions at Beauraing, Belgium

Mary appeared thirty-three times to a group of children in the winter of 1932-33 at Beauraing in Belgium, in a convent garden near a hawthorn tree. She described herself as "the Immaculate Virgin" and "Mother of God, Queen of Heaven," while calling for prayer for the conversion of sinners.

The Apparitions at Banneux, Belgium

Mary appeared eight times to Mariette Beco, aged 11, outside the family home at Banneux, a small village, in Belgium. She described herself as the "Virgin of the Poor," and promised to intercede for the poor, the sick and the suffering.

Source : Theotokos Catholic Website

Are we truly patriotic ?

K. P. Paul, St. Mary's Unit



I thought it is highly pertinent to write about patriotism when our country is facing a lot of threats from within and outside. Many a times I myself asked for the meaning of the word Patriotism. Even I discussed with my friends for its original meaning.

Is Patriotism all about just singing our National Anthem or supporting our country in various sports ? Absolutely not.

Patriotism denotes positive attitude of an individual to his own nation its culture and to its interests. Our country is, in fact our motherland. We are born and brought up here and are nourished and nurtured by her.

It is our responsibility to safeguard our freedom if we are a true Patriot inspired by love of our own country. Right to freedom and sense of responsibility are two wheels of the same cart. If one wheel is missing we cannot move it smoothly. Remember, today we are facing a lot of problems in the name of religion, cast and endless corruption that is in the form of various scams. We can eradicate these evils at grass-root level itself if we are united - united we stand divided we fall.

It is essential to know someone in order to love someone. Thus knowing our country in very important. India is vast in its geography, rich in its tradition and diverse in its culture. We need to know about the people who sacrificed their lives for this country. We must know our weaknesses in order to correct them.

We do not realise that freedom can be easily lost but is very difficult to gain. We think in terms of corruption, violence and disunity. How can such things keep us together ? How can such negative factors lead us to prosperity and excellence ?

One should know false patriotism is selfishness and a narrow mindedness. Patriots of this kind seem to be supportive simply because it is for their private interests.

The true patriot on the other hand is an unselfish lover of his country. His sincere desire is to serve it in all the ways possible. He is proud of this country and he does not hesitate to expose its sins and denounce its abuses and if he thinks necessary criticise its policies. This patriotism is one of the noblest virtues.

Look at the political turmoil that is going on in our country. Irrespective of any political affiliations we should work for the development of our nation. Being a genuine Indian we should not be a stumbling block in its progress. So we need to love our country freely and generously however strange or whatever be the differences.

We are a country that braved a lot of aggressions from invaders. Yet we are marching forward on the way to development because of people who are striving hard by contributing in their own ways.

No sacrifice is too great in the service of our beloved land. A sanskrit proverb says, " Mother and motherland are greater than Heaven". ■

From **YOUCAT**

Can Mary really help us?

Yes. Since the beginning of the Church, experience has taught that Mary helps. Millions of Christians testify to it. [CCC 967-970]

Being the Mother of Jesus, Mary is also our Mother. Good mothers always stand up for their children. Certainly this Mother does. While still on earth she interceded with Jesus for others; for example, she protected a bride and groom in Cana from embarrassment. In the Upper Room on Pentecost she prayed in the midst of the disciples. Because her love for us never ceases, we can be sure that she will plead for us in the two most important moments of our life: "now and at the hour of our death"

(YOUCAT, or The Youth Catechism, which is written in language suitable for young people deals with the entire Catholic faith as it was presented in the Catechism of the Catholic Church (CCC)).

അണയാത്ത ദീപം



P. M. Jose,
Holy Family Unit

അണയാതെ നിൽക്കുമെന്നും ആ ദീപം
അലയാഴികളിൽ, വിശ്വവിമികളിൽ സ്വർഗ്ഗസീമയിലും
അണയാതെ നിൽക്കുമെന്നും ആ ദീപം
കാൽവരി മലയിലെ ആ ബലി ദീപം
അണയാതെ നിൽക്കുമെന്നും ആ ദീപം

പാപികൾക്കർപ്പിച്ച മഹാഹോമം
പാപമോചനമായല്ലോ
പാവനമാം തൻ പൊൻതിരുനാമം
പാരിടമാകെ വാഴ്ത്തട്ടെ ! സ്തുതിക്കട്ടെ !
അണയാതെ നിൽക്കുമെന്നും ആ ദീപം

കാൽവരിയിൽ അന്ന് ചിന്തിയ തിരുനിണം
കുരണാസാഗരമായൊഴുകി
കരുണയെഴും നിറ നീലിമയിൽ നാം
കഴുകാം നമ്മുടെ പാപഗണങ്ങൾ
അണയാതെ നിൽക്കുമെന്നും ആ ദീപം

നിണമൊഴുകും തിരുമുറിവുകൾ തഴുകാം
നിർമ്മലരായി ഭവിക്കട്ടെ നാം
അനുദിനമനുദിനം ആ തിരുമുറിവുകൾ
ആശയും, അഭയവും, ആശ്രയവും
അണയാതെ നിൽക്കുമെന്നും നീ ദേവാ !

SAINTS QUOTES ON HOLY ROSARY

"Say the Rosary every day to obtain peace for the world."

-Our Lady of Fatima, 1917

"Those who say the Rosary daily and wear the Brown Scapular and who do a little more, will go straight to Heaven."

-St. Alphonsus Ligouri

"The Rosary is the best therapy for these distraught, unhappy, fearful, and frustrated souls, precisely because it involves the simultaneous use of three powers: the physical, the vocal, and the spiritual, and in that order."

-Archbishop Fulton Sheen

The Rosary is the 'weapon' for these times.

-Saint Padre Pio

"The rosary is the most powerful weapon to touch the Heart of Jesus, Our Redeemer, who loves His Mother."

-St. Louis Marie Grignion de Montfort

When you say your Rosary, the angels rejoice, the Blessed Trinity delights in it, my Son finds joy in it too, and I myself am happier than you can possibly guess. After the Holy Sacrifice of the Mass, there is nothing in the Church that I love as much as the Rosary.

-Our Lady to Blessed Alan de la Roche

Hail Mary, full of grace, the Lord is with thee! No creature has ever said anything that was more pleasing to me, nor will anyone ever be able to find or say to me anything that pleases me more.

-Our Lady to Saint Mechtilde

If you want to reach these hardened souls and win them over to God, preach my Rosary

-Our Lady to St. Dominic

"You always leave the Rosary for later, and you end up not saying it at all because you are sleepy. If there is no other time, say it in the street without letting anybody notice it. It will, moreover, help you to have presence of God."

- St. Josemaria Escriva

Some people are so foolish that they think they can go through life without the help of the Blessed Mother. Love the Madonna and pray the rosary, for her Rosary is the weapon against the evils of the world today. All graces given by God pass through the Blessed Mother.

- St. Padre Pio

Source : catholicgallery.org



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T. A. Devassy

A-702, Meridian CHS Ltd, Plot No. 25, 26 & 27,
Sector - 6, Nerul West, Navi Mumbai - 400 706.

Mob.: 98199 23438

SEPTEMBER 2015

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
		1 Gala.3;15-20 Lk.9;23-27	2 Gala.4;8-11 Lk.12;41-48	3 1Pet.1;22-25 Lk.17;20-37	4 Rom.8;18-25 Lk.12;54-59	5 2Pet.3;8-11 Mt.13;44-51
6 Is.30;18-26 2The.2;14-3;3 Mt.13;1-9	7 Rev.7;9-17 Mt.19;27-30	8 Is.43;1-7 Rev.12;1-6 Mt.1;1-16	9 1Tim.1;3-11 Mt.7;1-6	10 2Pet.2;4-10 Mk.8;11-21	11 1Pet.2;19-25 Lk.13;6-9	12 1Pet.2;11-19 Mt.8;5-13
13 Is.32;1-8 Phil.1;12-25 Mt.13;24-30	14 Is.42;13-17 1Cor.1;18-25 Lk.24;13-27	15 2Pet.3;1-7 Mt.23;29-36	16 1Thes.4;13-18 Mt.24;29-36	17 1Tim.1;12-17 Mt.25;31-40	18 2Tim.2;1-7 Lk.4;31-37	19 Col.1;24-29 Lk.15;1-7
20 Is.33;13-24 Phi.2;1-11 Mt.4;12-17	21 Heb.11;23-36 Mt.9;9-13	22 Rom.3;1-8 Mt.10;26-33	23 2Cor.13;5-10 Mt.21;18-22	24 2Pet.2;20-22 Mt.11;11-19	25 2Pet.1;20;23 Mt.15;1-9	26 1Thes.1;4-8 Lk.8;16-21
27 Is.25;1-8 Phil.3;1-11 Mt.17;14-21	28 Phil.1;21-26 Mk.8;31-38	29 Tit.2;11-14 Mk.9;42-48	30 2Thes.3;6-12 Lk.9;1-6			

OCTOBER - 2015

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
				1 2Tim.3;1-7 Mt.8;1-4	2 Tit.2;6-10 Lk.11;5-13	3 2Tim.4;6-8 Mt.26;6-13
4 Is.26;1-19 Phil.4;4-9 Mt.15;21-28	5 2Tim.2;8-13 Mk.6;18-29	6 2Tim.2;21-26 Mt.5;13-16	7 Heb.2;1-14 Lk.20;20-26	8 2Jn.4-11 Jn.5;39-47	9 2Tim.1;1-7 Lk.21;7-19	10 2Tim.1;8-14 Lk.10;17-21
11 Is.40;12-17 2Cor.2;12-17 Mt.20;1-16	12 Tit.3;1-7 Lk.10;38-42	13 Heb.4;1-11 Lk.11;14-23	14 1Cor.1;24-31 Lk.11;24-26	15 Heb.10;1-10 Lk.9;28-36	16 1Pet.4;12-19 Jn.10;1-15	17 Colo.4;10-15 Lk.10;1-9
18 Is.41;1-7 Gala.5;16-26 Lk.8;41b-56	19 Heb.10;19-25 Mt.18;10-14	20 Gal.6;11-18 Lk.4;38-44	21 Heb.11;11-22 Lk.11;37-42	22 Rom.14;10-13 Mt.25;1-13	23 Heb.2;5-9 Lk.16;1-8	24 Heb.12;1-11 Lk.9;18-20
25 Is.41;8-16 Gala.6;1-10 Mt.8;23-34	26 Heb.2;10-18 Mt.24;3-14	27 1Thes.4;9-12 Jn.11;1-16	28 Eph.6;10-17 Jn.15;18-25	29 Heb.4;12-13 Lk.9;46-48	30 Heb.10;11-18 Mt.16;5-12	31 Jud.5;7 Jn.9;17-23



BI. MOTHER TERESA

Bl. Mother Teresa (Agnes Gonxha Bojaxhiu) was born on 26-08-1910 in Uskub Village, Skopje (now Republic of Macedonia). Her parents were Mrs. Drape & Mr. Nikola Bojaxhiu. She had one brother and one sister, she being the youngest in the family. Her family was of Albanian Roman Catholic.

At the age of 12 she felt the call of God, then, she knew that she had to be a missionary to share the love of Christ. At the age of 18 on 06.01.1929 she left parental home, joined the Sisters of Loreto in Ireland, an Irish community of nuns with missions in India. She took her training in Dublin and Darjeeling, India. She took her first Vow on 25-05-1931 and last Vow on 21-05-1937. In September 1946, during the train ride from Calcutta to Darjeeling to engage in 8 days of spiritual exercise, she received a divine call from God "to serve Him amongst the poorest of poor".

From 1931 to 1948 Bl. Mother Teresa was in St. Mary's High School in Calcutta teaching and later became the Principal of the School. Here she took the name "Sister Teresa", after Saint Teresa of Lisieux the patron Saint of foreign missionaries. The sufferings and poverty she glimpsed outside the convent walls made such a deep impression in her that in 1948 she received permission from her superiors to leave the Convent School and devoted herself to working among the poorest of the poor. On 17th August 1948 she dressed in white, blue-bordered sari for the first time and passed through the gates of her beloved Loreto Convent to enter the world of the poor. On 07-10-1950 she received permission from Holy See to start her own order "The Missionaries of Charity". In 1965 the Society became an International Religious Family by a decree of Pope Paul VI. Bl. Mother Teresa had two heart attacks-one severe, breaks of collarbone, breaks of three ribs, suffered from pneumonia, several times malaria, and many other diseases.

In 1990, Mother Teresa announced her intention to resign, and a conclave of sisters is called to choose the successor. In a secret ballot, Mother Teresa was re-elected with only one dissenting vote -her own - and withdrew request to step down.

Bl. Mother Teresa received 124 Awards like Padmashree from President of India in 1962, Pope John XXIII Peace Prize in 1971, Nehru Award in 1972, Nobel Peace Prize in 1979, Bharat Ratna in 1980 for humanitarian work, Presidential Medal of Freedom in 1985 and United States Congressional Gold Medal in 1997, etc. Bl. Mother Teresa accepted all the awards on behalf of Poor.

On March 13th 1997, she stepped down as head of her order and handed over charge of Superior General of the Missionaries of Charity, to Sr. Nirmala. Mother Teresa passed away on 05.09.1997 at the age of 87. Following her death she was beatified and given the title "Blessed Mother Teresa" of Calcutta by Pope John Paul II.

Today Sisters of the Missionaries of Charity consists of more than 4000 members in 697 foundations in 131 countries of the world, Sr. Mary Prema took over the charge from Sr. Nirmala in 2009.

Compiled by : **K. J. Baby**
Bl. Mother Teresa Unit

അനുപമ സംഗീതം

Antony Karedan, Mother Theresa Unit

മനുഷ്യാ നിന്റെ നിറമേന്ത് ?
ചെങ്കുത്താനായി മാറുമോ; ദൈവമായി ജ്വലിക്കുമോ ?
കറുപ്പോ, വെളുപ്പോ -
ഹേ! മനുഷ്യാ നിന്റെ നിറമേന്ത്

ഓർമ്മകൾ വാഴുന്ന ജീവിതത്തിൽ
ഒരു സ്വപ്നസംഗീതം പോലെ
ഓർമ്മകൾക്ക് സുഗന്ധം; ഹൃദയത്തിനു ആനന്ദം
പൂവിനെ തൊട്ടുണർത്തുന്നു.
സൂര്യകിരണങ്ങളായ് വരുന്നു
എന്നാൽപ്പോഴും ആശയം ആദേശവും
എന്നിൽ നിറച്ച് മനോരാജ്യത്തിൽ മറഞ്ഞു നീ
നിന്റെ നിറമേന്ത് നിന്റെ പേരേന്ത്

കാണാത്ത മുഖവുമായി, കേൾക്കാത്ത ശബ്ദവുമായി
നിന്നിൽ ലയിക്കാതെ, ഞാൻ ഇവിടെ....
സ്നേഹത്തിൽ കുളിർമയിൽ,
ഒരു അനുപമഗീത താളത്തിൽ
നിന്നിൽ ലയിക്കുന്നു..... ജീവിക്കുന്നു.....
ഉണർന്നപ്പോൾ സർവ്വം മായം
മനുഷ്യാ നിന്റെ നിറമേന്ത് ?

ST. LITTLE FLOWER FEAST 2015

25th Sept. 2015 to 4th Oct. 2015

Rev. Fr. BIJU KOLLAMKUNNEL (Parish Priest) 98696 51999

Rev. Fr. SINTO ENANICKAL (Asst. Parish Priest) 9702415832

Rev. Sr. LIZY (Sr. Superior) E. P. DEVASSY & SANJU THOMAS (Trustees)



Mr. NELSON C. J. - 96194 85210
(Gen. Convener)

SUB-COMMITTEE**1. Decoration (Pandal), Outside Church & Road**

T. D. Johny (L)	Biju Mathew	Shaji
Roy Mathew	Davy Antony	Jose Joseph
T.S John	Santhosh Koshy	Joseph J. M.
T. V. Varghese	Ms. Amala Joseph	Ms. Angel Mohan
Amal Joy	Ashlyn Joy	Antony Joy

2. Electric Work & Illumination

Baby Antony(L),	Varghese Mathai (Shaji),	Biju Mathew
Jose Joseph	Biju Varghese	Santhosh Koshi

3. Preparation of Nercha Payasam

George Kuruvilla(L)	Sr. Moliamma	Sr. Mollykutty
P.J Antony	John Antony	Davis C.J
Davy Antony	Babu K.C	BabuMarokhi
Mrs. Jiji John	Mrs. Jini Biju	Mathrusangam

4. Holy Water, Holy Oil & Packing

Mrs. Jiji John (L)	Mrs. Silvy Antony	Mrs. Bea Thomas
Mrs. Mercy Francis	Mrs.Elsy George	Mrs. Shanti Babu
Biju Jose	Mrs. Jancy Joseph	Jimmy Luckose
Mrs. Jessy Shaji	Mrs. Kunjumol Thomas	Mrs. Lathika Joseph

5. Feast (THIRUNAL) Office

George Kutty (L)	Felix Varghese	Franco Thomas
Yohannan K. K.	Joseph Varghese	Mathew John

6. Flower, Cross & Adima Prarthana

K.C Babu (L)	Amal Joy	Roy Mathew
Davis C.J.	K.J. Baby	Biju Alex

7. Distribution of Nerchapayasam, Holy Oil & Holy Water

Babu Marokhi (L)	George Joseph	John Antony
Jitto Thomas	Ms. Angel Mohan	Mrs. Sherly Joy

8.Liturgy Committee (Communion Inspection, Inside Discipline)

Sr. Lizy	Sr. Rose Mary	Sr. Merlit
Simon K.K (L)	Adv. Paul Poulouse	A. J. Johnson
Mrs. Lathika Joseph	Mrs. Rejeena Mohan	Mrs. Jiji John
Mrs. Daisy Inassukutty		

9. Visuals

Paul Thottian (L)	Joseph Thomas	A. K. Thomas
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10. Seating Arrangement

P.J. Joseph (L)	Paul Devassy	Babu Pullan
Tony Chacko	Jilson Jose	Santhosh Paul
Joy Paul	Reejo George	Vivi Fernadez
Jaison Joseph	Nithish Thomas	Denoy David

11.Church Decoration

Sr. Moliamma	Sr. Merlit	Mrs.Gracy Pathrose (L)
Babu K. L.	Davy Antony	Mrs.Laly Thomas
Mrs. Jessy Shaji	Mrs. Leena Johnson	Mrs. Mercy Francis
Mrs.Ancy Davis,	Biju Jose	Mrs. Lathika Joseph
Jose Joseph	Mrs. Mary Kutty Ajith	Mrs. Jancy Joseph
Jithin Varghese	Ms. Angel Mohan	Ms. Jismi Varghese
Ms. Felin Francis	Ms. Rose Mary Sanju	Ms. Feba Francis
Martin Joseph	Sonu Francis	Clair Francis

12.Daily Nercha

T.P. Varghese (L)	P.A. Jacob	Babu K. C. Jose
Antony	Joseph Mathew	Mathew Mathew

13. Kodimaram Arrangements

V.L.Johnson (L)	Vargese Mathai (Shaji)	C.J. Davis
Biju Mathew	Sibichan M. C.	P. V. Thomas

14. Chendamalam

Mathew V.A (L)	Mohan Kandathil	Jose Mathew
Savio George	Tony Thoppil	P. C. Antony

15. Muthukuda & Kurissu Arrangements

V.G. Varghese (L)	Santhosh Paul	Maju Mathew
Jose Antony	Tony Chacko	M. P. Jose
Ms. Jismi Varghese	Ms. Reeba George	Ms. Christy Shaji

16. Guest In-Charge

Sr. Molliamma	Sr. Mollykutty	Mrs. Kunjumol Thomas (L)
John Paul (L)	Mrs. Lathika Joseph	Mrs. Daisy Inasukutty
Mrs.Rejeena Mohan	Mrs. Jessy Shaji	Mrs. Elsy George
Joseph Nilavumthara	Ropson Paul	

17. Fireworks

P.J Antony (L)	Joseph J. M.	Davy Antony
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18. Vehicle Blessing

Maju Mathew (L)	Joy G Kodankadath	Babu Marokhi
K.K. Simon	B.A. Joshy	Lalson George

19. Police Permission & Procession In-Charge

K.P. Francis	David Antony	P. C. Antony
Jose Mathew	Joseph Francis	George Kuruvilla
Savio George	Siby Jacob	Sabu Scaria
Francis Chacko	Siby Joseph	K. P. Thomas
Joseph Nilavumthara	P. A. Jacob	V. K. Thomas

20. Food Committee

V.I. Varghese & Team

Distribution : Cannan Zone (St. Jude Unit & St. Chavara Unit)
Egypt Zone (Holy Family Unit & St. Don Bosco Unit)

**HEALTH
CORNER****DENGU FEVER**

The Asian Tiger mosquito is a carrier of the dangerous Dengue Fever and inflicts painful bites on humans. Dengue is a viral disease which can affect anyone but is likely to be more serious in people with compromised immune systems. Dengue hemorrhagic fever is a more severe form of the viral illness which can be life-threatening. The best way to protect oneself from dengue is to avoid mosquito bites and keep mosquito population down.

Rush to your doctor if you observe these symptoms:

The initial symptoms of dengue are chills, headache, pain behind the eyes, and, muscle and joint pain. Temperature rises quickly (up to 104 deg. F) and there is a decrease in blood pressure and heart rate. Reddened eyes and pale pink rashes on the body are observed. Mild bleeding (from nose or gums, easy bruising) is another symptom of this condition. In severe cases persistent vomiting, severe abdominal pain, respiratory distress, plasma leaking, and fluid accumulation may develop.

Follow these measures to protect yourself against dengue:

Since, there is no vaccine or specific medication to treat a dengue infection, controlling the transmission of dengue virus is the most important step.

Ensure a mosquito free environment by practicing these methods:

1. Wear protective clothing when outdoors. Cover up with long-sleeved shirts, long trousers, tucked into socks and a hat if thin-haired.
2. Use effective insect repellents on skin and on clothing and reapply at regular intervals as prescribed.
3. Arrange for undamaged, impregnated bed-nets to be used in sleeping areas not properly screened or air-conditioned.
4. Make sure windows and door screens are secure and without holes. If available, use air-conditioning.
5. Keep water containers covered and clean up old tires, cans, and barrels as standing water are breeding place for the mosquitoes.

Treatment Measures:

There is no specific medication for dengue treatment. The remedy is concerned with relief of the symptoms. Rest and fluid intake for hydration

is important. Doctor's supervision is important while taking medicines to relieve pain so that bleeding conditions are not worsened.

Fast Facts:

- * According to the recent reports of World Health Organization (WHO), around 50 to 100 million dengue infections occur worldwide every year.
- * There is no specific treatment for severe dengue but early detection and access to proper medical care reduces fatality rates below 1%.
- * Dengue is a threat to about half of the world's population. An effective mosquito control measure is the only method to prevent dengue fever.

Sources: World Health Organization, MedicineNet.com
Center for Disease control and Prevention.

Compiled by : **A.J. Johnson,**
Don Bosco unit

FAMILY RENEWAL RETREAT

18, 19, 20 September 2015

PREACHER :

**Rev. Fr. John Chollanickal
OFM Cap.**

Bible Quiz

September - October 2015
(The book of EZRA)

1. The Lord is good and his love is _____
2. Cyrus, the emperor of _____
3. Name two prophets during the reign of Darius, Emperor of Persia.
4. By the _____ month the people of Israel were settled in their towns.
5. Zerubbabel, the son of _____
6. _____ gave them back the bowls and cups that king Nebuchadnezzar had taken from the temple of Jerusalem.
7. The book of Ezra is a sequel to _____
8. Ezra had devoted his life to studying the _____ of the Lord.
9. People who had returned from exile celebrated _____ on the 14th day of the 1st month of the following year.
10. City of Ecbatana is in the province of _____.

Congratulations

BIBLE QUIZ WINNER

(July - August 2015)

Aleesha Joykutty (Holy Rosary unit)

Winner of **SPLASH YOUR COLOUR** competition
(July - August 2015)

Samuel Antony (Holy Rosary Unit)