

Bible Quiz

Bible Quiz Correct Answers
(1 Kings & The First & Second Letters of St. Peter)

VIVA Teresa

1. By being steadfast in our faith (1st Letter- 5:9)
2. Men and women moved by the Holy Spirit spoke from God (2nd Letter- 1:21)
3. As a servant of God, not using our freedom as pretext for evil (1st Letter- 2:16)
4. With a holy kiss (1st Letter- 5:14)
5. Adonijah (1:5)
6. Nathan (1:11-12)
7. 3000 proverbs and 1005 songs (4:32)
8. King Ethbaal of the Sidonians (16:31)
9. Mount Carmel (18:20-21)
10. Because he broke the order of the king not to leave Jerusalem (2:36-46)

CAPTION CONTEST



REMEMBER !

Write your answer for the Bible Quiz, Funny Question and Caption contest in a separate sheet of paper with clarity and drop it in Viva Teresa Box on or before May 31. Winners will be awarded. In case, there are more winners, it will be decided by lot. Don't forget to write your name phone number and the name of your family unit on your answer sheet.
For Bible Quiz use only NRSV Bible.

Through love be servants of one another (Gal. 5:130)

40

Edited printed and published by Parish bulleting Little Flower Church
Nerul, Printed by ; Vin Art Printers # 9930 837 433



VIVA Teresa.... A Way to Sanctity
Little Flower Church

(Diocese of Kalyan)
Sector 20, Nerul (W), Navi Mumbai 400706
Tel.: 2772 2628
E-mail : vivateresabulletin@gmail.com
Website : www.littleflowerchurchnerul.org

Bi-monthly News Bulletin of Syro-Malabar Catholic Church, Kalyan Diocese

Patron

Mar Thomas Elavanal

Managing Editor

Fr. Biju Kollamkunel

Executive Editor

Fr. John Koovakunnel

Editor-in-Charge

Sr. Mollykutty Edackadu

Chief Editor

Mr. P. J. Antony

Associate Editors

Adv. Paul I. Paulose

Mr. Joy G. Kodankandath

Mr. Georgekutty George

Mr. A. J. Johnson

Mrs. Bea Thomas

ഉള്ളടക്കം

എഡിറ്റോറിയൽ

ഇടയശബ്ദം

Letter to my Little Friends...

Pope Saint John XXIII ...

Pope Saint John Paul II ...

മെയ് മാസ നാണി ...

Once again rises the dawn ...

Expectation of parents from
the youth ...

Eve done it for you ...

Peace of mind without stress ...

Mother's expectation from youth ...

Youth expectation from parents ...

ഓർമ്മിക്കാൻ ആചരിക്കാൻ ...

നല്ല ജീവിത മാതൃക ...

The interview with God ...

Plight of street children and

women ...

God helps those who helps

themselves ...

സ്മൃതിയനം : സാമൂഹ്യ സന്ദേശം ...

Parish Council Members 2014-16 ..

Private Circulation only.

May - June 2014

Editorial

April 27, 2014 marked a historic moment for the Catholic Church. Pope Francis canonized Pope John XXIII and Pope John Paul II, in the presence of Pope Emeritus Benedict XVI. During the canonization ceremony, Pope Francis praised the new Saints Pope John and Pope John Paul as men of courage and mercy who responded to challenges of their time by modernizing the Catholic Church in fidelity to its ancient tradition.

Special thanks to our Vicar, Asst. Vicar, Trustees, Parish Committee and Pithruvedi for conducting a brain storming session on Expectation of Parents from the youth, Mothers' expectation from the Youth and Youths' expectation from Parents which was an eye opening for many parents and youth. We have included those sessions in this edition.

Last two months were very vibrant with the season of lent, with preparations for Easter and whole hearted participation of parishioners made our parish an outstanding one.

Congratulations to Pithruvedi for participating in Msgr. Thalachira Memorial - Pithruvedi Biblical Short Play Competition and Patron's Day Celebrations 2014. Our Parishioners' untiring effort made this program a big success.

Hope you all are enjoying the Summer Vacation – yes, just the sound of the phrase is enough to smoothen out wrinkles and bring on smiles. After gray months of slogging to school and office, children and parents are ready for lazy days in the sun. This vacation is probably the happiest period in a student's life. Enjoy the vacation.

- Chief Editor

ഇടയശബ്ദം



ഈശോയിൽ സ്നേഹം നിറഞ്ഞവരേ,

നോമ്പുകാലവും ഈസ്റ്ററുമെല്ലാം വളരെ ആത്മീയ ഉണർവ്വേകി കടന്നുപോയി. പുതുതീരുമാനങ്ങളോടും, ചൈതന്യത്തോടും കൂടി ജീവിതത്തെ സമീപിക്കാൻ നമുക്കേവർക്കും സർവ്വശക്തൻ കൃപ നൽകട്ടെയെന്ന് പ്രാർത്ഥിക്കുന്നു.

മാർച്ച് മാസത്തിൽ നടത്തപ്പെട്ട മാതാപിതാക്കളും യുവജനങ്ങളും തമ്മിലുള്ള 'ഡയലോഗ്' വളരെ ഉപകാരപ്രദമായിരുന്നുവെന്ന മനസ്സിലാക്കുന്നു. പരസ്പരം കൂടുതൽ അറിയുവാനും, അറിയിക്കുവാനും ഈ സംരംഭം വേദിയായിത്തീർന്നു എന്നറിയുന്നതിൽ ചാരിതാർത്ഥ്യമുണ്ട്.

ആരും ജയിക്കുക എന്നതായിരുന്നില്ല ഇതിന്റെ ഉദ്ദേശ്യം. നമ്മൾ വിചാരിക്കുന്നതിലും, കാണുന്നതിലും നിന്നും വിഭിന്നമായ കാഴ്ച

ചപ്പാടുകളും അഭിലാഷങ്ങളുമായിരിക്കാം നമ്മുടെ പ്രിയപ്പെട്ടവർ നമുക്കായി കരുതി വെച്ചിരിക്കുന്നത് എന്ന ഒരു തിരിച്ചറിവിലേക്ക് വളരുവാൻ നമുക്കു സാധിക്കണം. പലപ്പോഴും വ്യക്തിബന്ധങ്ങളുടെ പരാജയത്തിനു കാരണം, വേണ്ടത്ര ആഴത്തിൽ നമുക്ക് നമ്മുടെ പ്രിയപ്പെട്ടവരെ അറിയുവാനും, മനസ്സിലാക്കുവാനും സാധിക്കാതെ പോകുന്നതാണ്.

അറിഞ്ഞതും, കരുതിയതും ശരിയായ അറിവുകൾ ആയിരുന്നില്ല എന്ന് നമുക്ക് തോന്നുമ്പോൾ, ബന്ധങ്ങൾ മെച്ചപ്പെടും. നമ്മൾ ആഗ്രഹിക്കുന്നതുപോലെ മറ്റുള്ളവരെ അറിയാൻ പരിശ്രമിക്കാതെ, അവർ ആയിരിക്കുന്നതുപോലെ അറിയുവാൻ, മനസ്സിലാക്കുവാൻ നമുക്കു പരിശ്രമിക്കാം.

സ്നേഹത്തോടെ,
ബിജു അച്ചൻ

LETTER TO MY LITTLE FRIENDS

“Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.”

The “poor in spirit,” whom Jesus described as “blessed,” are the same people the world considers to be “losers,” Pope Francis has told Catholic young people. In an age when we are constantly being enticed by vain and empty illusions of happiness, we risk settling for less and ‘thinking small’ when it comes to the meaning of life. Think big instead. Open your hearts. Young people who choose Christ are strong: They are fed by his word and they do not need to ‘stuff themselves’ with money, possessions and fleeting pleasure. Have the courage to swim against the tide. Have the courage to be truly happy.

In the Bible being poor isn’t just about having few material possessions. It suggests lowliness, a sense of one’s limitations and existential poverty. The ‘anawim’ (God’s poor) trust in the Lord, and they know they can count on him. Poverty in spirit also requires a conversion in the way we see the poor, which means meeting them, listening to them, caring for them and offering them both material and spiritual assistance. Living according to the beatitude also means recognising that the poor “have much to offer us and to teach us,” particularly that people’s value is not measured by their possessions or how much money they have in the bank.

Dear friends, the Magnificat, the Canticle of Mary, poor in spirit, is also the song of everyone who lives by the Beatitudes. The joy of the Gospel arises from a heart which, in its poverty, rejoices and marvels at the works of God, like the heart of Our Lady, whom all generations call “blessed” (Lk 1:48). May Mary, Mother of the poor and Star of the new evangelization help us to live the Gospel, to embody the Beatitudes in our lives, and to have the courage always to be happy.

Yours Johnathan

Pope Saint John XXIII

Angelo Giuseppe Roncalli was born in Sotto il Monte, a small country village in the Bergamo province of the Lombardy region of Italy (25 November 1881 – 3 June 1963), was Pope from 28 October 1958 to his death in 1963.



Angelo Giuseppe Roncalli was the fourth of fourteen children born to a family of sharecroppers that lived in a village in Lombardy. He was ordained a priest on 10 August 1904 and served in a number of posts, including papal nuncio in France and a delegate to Bulgaria, Greece and Turkey. In a consistory on 12 January 1953 Pope Pius XII made Roncalli a cardinal as the Cardinal-Priest of Santa Prisca in addition to naming him the Patriarch of Venice.

Roncalli was elected pope on 28 October 1958 at age 76 after 11 ballots. His selection was unexpected, and Roncalli himself had come to Rome with a return train ticket to Venice. He was the first pope to take the pontifical name of “John” upon election in more than 500 years, and his choice settled the complicated question of official numbering attached to this papal name due to the antipope of this name.

Pope John XXIII surprised those who expected him to be a caretaker pope by calling the historic Second Vatican Council (1962–65), the first session opening on 11 October 1962. He did not live to see it to completion. John died of stomach cancer on 3 June 1963, four and a half years after his election and two months after the completion of his final and famed encyclical, *Pacem in Terris*.

His passionate views on equality were summed up in his famous statement: ‘We were all made in God’s image, and thus, we are all Godly alike. John XXIII made many passionate speeches during his pontificate, one of which was on the day that he announced the Second Vatican Council in the middle of the night to the crowd gathered in St. Peter’s Square: “Dear children, returning home, you will find children:

Pope Saint John Paul II

Pope John Paul II was born Karol Józef Wojtyła on May 18, 1920, in Wadowice, Poland (18 May 1920 – 2 April 2005), was Pope from 16 October 1978 to his death in 2005. He was the second longest-serving pope in modern history and, as a Pope, the first non-Italian since Pope Adrian VI, who died in 1523.

Pope John Paul II is recognised as helping to end Communist rule in his native Poland and eventually all of Europe. John Paul II significantly improved the Catholic Church's relations with Judaism, Islam, the Eastern Orthodox Church, and the Anglican Communion. He upheld the Church's teachings against artificial contraception and the ordination of women, supported the Church's Second Vatican Council and its reform, and in general held firm, orthodox, Catholic stances.

He was one of the most travelled world leaders in history, visiting 129 countries during his pontificate. As part of his special emphasis on the



give your children a caress and say: This is the caress of the Pope!"

Pope John XXIII was buried in the Vatican grottoes beneath Saint Peter's Basilica on 6 June 1963 and his cause for canonization was opened on 18 November 1965 by his successor, Pope Paul VI, who declared him a Servant of God. In addition to being named Venerable on 20 December 1999, he was beatified on 3 September 2000 by Pope John Paul II alongside Pope Pius IX and three others. Following his beatification, his body was moved on 3 June 2001 from its original place to the altar of Saint Jerome where it could be seen by the faithful. On 5 July 2013, Pope Francis - bypassing the traditionally required second miracle - declared John XXIII a saint based on his merits of opening the Second Vatican Council. He was canonised alongside John Paul II on 27 April 2014. John XXIII today is affectionately known as the "Good Pope" and in Italian, "il Papa buono."

universal call to holiness, he beatified 1,340 people and canonised 483 saints, more than the combined tally of his predecessors during the preceding five centuries. By the time of his death, he had named most of the College of Cardinals, consecrated or co-consecrated a large number of the world's bishops, and ordained many priests. A key goal of his papacy was to transform and reposition the Catholic Church. His wish was "to place his Church at the heart of a new religious alliance that would bring together Jews, Muslims and Christians in a great [religious] armada."

John Paul II's cause for canonisation commenced in 2005 shortly after his death with the traditional five-year waiting period waived. On 19 December 2009, John Paul II was proclaimed Venerable by his successor Pope Benedict XVI and was beatified on 1 May 2011 after the Congregation for the Causes of Saints attributed one miracle to him, the healing of a French nun from Parkinson's disease. A second miracle, attributed to the late pope, was approved on 2 July 2013 and confirmed by Pope Francis two days later. John Paul II was canonised on 27 April 2014, alongside Pope John XXIII. Like John XXIII, his feast day is not celebrated on the date of his death as is usual, but on the anniversary of his papal inauguration, 22 October 1978. ■

ഉത്ഥിതനായ ക്രിസ്തുവേ, എന്തെ രക്ഷിക്കേണ്ടേ....

ലോകനാഥനിതാ ഉത്ഥിതനായി
മാനവപാപം താങ്ങിയവൻ
മാനവർക്കായ് ക്രൂശു ചുമന്നവൻ
ഇതാ ഉത്ഥാനം ചെയ്തിരിക്കുന്നു

രക്ഷകാ, അങ്ങയുടെ കാരുണ്യം
എത്രയോ ശ്രേഷ്ഠം
അങ്ങയുടെ പാവന പീഠത്തിൽ
നിൽക്കുമ്പോൾ ഹാ എൻ
ഹൃദയം എത്രയോ മഹനീയം

By : **Philomina Sibichen**
St. Thomas Unit

മെയ് മാസ റാണി

ജെയ്നമ്മ ചെമ്പനാനിക്കൽ
അപ്പോസ്തലിക് ഒബ്ളേറ്റസ്



നിരവധി സാഹചര്യങ്ങൾകൊണ്ടാണ് ഇരുളടഞ്ഞ പാതയിലൂടെയാണ് നമ്മുടെ പാദങ്ങൾ ചരിക്കുന്നതെന്നും രാത്രിയുടെിരുട്ടിൽ ചുറ്റപ്പെട്ട ഒരു കടലിലൂടെയാണ് നമ്മുടെ ജീവിതമാകുന്ന ചെറുതോണി തുഴയേണ്ടതെന്നും തോന്നി പോകുന്നു. ഇത്തരുന്നത്തിൽ ലോകത്തിന്റെ ഇന്നത്തെ ആവശ്യങ്ങൾക്കു മുമ്പിൽ, മനുഷ്യരുടെയും ദൈവത്തിന്റെയും ദാഹത്തിന് യഥാർത്ഥവും ശരിയായതുമായ ഒരു മറുപടി ആയിരിക്കേണ്ടതിനായി നമ്മുടെ ജീവിതങ്ങളെ മെയ് മാസ റാണിയായ പരിശുദ്ധ അമ്മയ്ക്ക് നമുക്ക് അർപ്പിക്കാം.

തീർച്ചയായും കനുകയായ മറിയത്തെക്കുറിച്ചുള്ള ഓർമ്മ അത്ഭുത സ്മരണയാകുന്നു. അളക്കാൻ പറ്റാത്തവണ്ണം ആകർഷണമെന്ന് നമുക്ക് നിർവചിക്കാനാവുന്ന ആകർഷണീയത ആവിർഭവിക്കുന്ന ഒരു വ്യക്തിത്വവൈഭവമാണ് അവളുടേത്. ഒരു നിമിഷത്തിൽ മാലാഖ അവളോടു സംസാരിച്ച ആ നിമിഷത്തിൽ തന്നെ അവളുടെ ജീവിതം ആകപ്പാടെ മാറ്റിമറിക്കപ്പെട്ടതായി തീരുന്നു. ദൈവിക സന്ദേശവാഹകന്റെ അറിയിപ്പിൽ അവൾ പെട്ടെന്ന് തന്നെ ഒരു സ്ത്രീയായി ഒരു അമ്മയായി, ഒരു മണവാട്ടിയായി തീരുന്നു. നമ്മുടെ വിവാഹ - സമർപ്പണ ദൈവവിളി അനുഭവത്തിന് വളരെയധികം സാമ്യമുള്ളതാണ് ഈ മറിയൻ സംഭവങ്ങൾ. നമുക്കും ഒരു വാർത്ത (അറിയിപ്പ്) കിട്ടിയവരാണ്. ഒരു നിശ്ചിത നിമിഷത്തിൽ വളരെ കൃത്യമായി നമ്മിൽ ദൈവത്തിന് ഇടം കൊടുക്കണമെന്ന് നമുക്കു അനുഭവപ്പെടും. നമ്മുടെ ജീവിതത്തിന്റെ ഉടമസ്ഥത മുഴുവൻ ദൈവം എടുക്കുമെന്ന കാര്യം നാം മനസ്സിലാക്കുന്നു. ഇന്നാൾ വരെയും താലോലിച്ച ഓരോ ഭാവി വീക്ഷണത്തിൽ നിന്നും, നടപ്പാക്കിയ പദ്ധതികളിൽ നിന്നും താങ്ങി നിൽക്കാമെന്നു കരുതുന്ന ഉറപ്പുകളിൽ നിന്നുമെല്ലാം വ്യതിരിക്തമായ ഒരു ഭാവിയീലേക്ക് ഉന്നം വയ്ക്കുന്നതാണ് നമ്മുടെ 'അതെ'യുടെ സമയം. നാം ദൈവത്തോട് 'അതെ' എന്നു പറയുന്നു. നമ്മുടെ തന്നെ യഥാർത്ഥ്യത്തോടെ നാം ഉൾക്കൊള്ളേണ്ടവരാണെങ്കിൽ പോലും നമ്മിൽ പെട്ടെന്ന് ഒരു മാറ്റം വന്നതായി നമുക്ക് അനുഭവപ്പെടുന്നു. മറിയത്തിൽ സംഭവിച്ചതുപോലെ വളർച്ച പ്രാപിച്ചവരായി തീരുന്നതിന് നമുക്ക് കിട്ടിയ വിളിയെ

ക്കുറിച്ച് ബോധ്യം ഉള്ളവരാകേണ്ടതിന് ഇത് നമ്മോടാവശ്യപ്പെടുന്നു. മറിയത്തിന്റെ ഹൃദയത്തിൽ ഒരു പ്രകാശം ഉദയം ചെയ്യുകയും സഹോദരങ്ങളോട് സ്നേഹത്തെക്കുറിച്ച് ഉദ്ഘോഷിക്കുവാനുള്ള ആന്തരികമായ ആവേശത്തോടുകൂടിയ ഒരു ജ്വാല അവളിൽ സ്പർശിക്കുകയും ചെയ്തു. മാതാവിന്റെ പുണ്യങ്ങളെ പ്രത്യേകം അനുസ്മരിക്കുന്ന ഈ നാളുകളിൽ അവളോട് നമുക്കും ഇപ്രകാരം പ്രാർത്ഥിക്കാം : 'മറിയമേ, നിന്റെ കണ്ണുകളും, സ്നേഹിക്കുന്നതിന് നിന്റെ ഹൃദയവും, ഞങ്ങളുടെ സഹോദരങ്ങൾക്കുവേണ്ടി പ്രവർത്തിക്കുവാനുള്ള സന്തതസ്സും ഞങ്ങൾക്ക് നൽകണമേ. നിന്നെപ്പോലെ വിശുദ്ധരാകുവാനും ദൈവിക സ്നേഹം ഞങ്ങളുടെ ചുറ്റിലും പ്രസരിപ്പിക്കുവാനും ഞങ്ങളെ നീ പഠിപ്പിക്കണമേ'.

നമ്മെ ഒരു ആരാധന സമൂഹമാക്കി - കുടുംബമാക്കി മാറ്റിയത് ആരാണ് ? ഈശോ. ഈ ലളിതവും അടിസ്ഥാനപരമായ സത്യം നമ്മുടെ കൺമുമ്പിൽ നിന്നും നഷ്ടപ്പെട്ടാൽ നമ്മുടെ വിളിയുടെ അർത്ഥത്തിൽ നിന്നും ഉരിഞ്ഞുമാറ്റപ്പെട്ടവനായി നമ്മൾ തീരും. ഒപ്പം ഒരാൾ മറ്റൊരാളുമായി ബന്ധത്തിൽ പ്രവേശിക്കുന്നതിനുള്ള കഴിവും നമ്മിൽ ഇല്ലാതായിത്തീരും. പരിശുദ്ധ പിതാവ് ഫ്രാൻസിസ് മാർപാപ്പയുടെ വാക്കുകൾ എത്രമാത്രം ശരിയാണ്. "അവനവന്റെ താൽപര്യങ്ങളിൽ ആന്തരിക ജീവിതം അടയുന്പോൾ മറ്റുള്ളവർക്ക് അവിടെ അശേഷം ഇടമില്ല. അവിടെ ദരിദ്രർ ഒരിക്കലും പ്രവേശിക്കയില്ല. ദൈവത്തിന്റെ സ്വരം കേൾക്കുകയില്ല, അവിടുത്തെ സ്നേഹത്തിന്റെ മാധുര്യമേറിയ സന്തോഷം അനുഭവിക്കാൻ സാധിക്കുകയില്ല, നന്മചെയ്യുവാനുള്ള ഉത്സാഹം സ്പന്ദിക്കുകയില്ല. ഇത് യോഗ്യവും തികവുറ്റതുമായ ഒരു ജീവിതത്തിന്റെ തിരഞ്ഞെടുപ്പല്ല. ഇത് നമുക്കുവേണ്ടിയുള്ള ദൈവത്തിന്റെ ആഗ്രഹവുമല്ല, ഇത് ഉത്ഥിതന്റെ ഹൃദയത്തിൽ നിന്നും നിർഗമിക്കുന്ന അരുപിയിലുള്ള ജീവിതവുമല്ല" (Evangelii Gaudium)

ഓരോ ദിവസം കഴിയുന്നോറും കുടുംബമായിരിക്കുകയെന്നത് ഒരു വലിയ ഉത്തരവാദിത്വമാണ്, അതിന് വളരെ ഗൗരവപൂർവ്വമായ യത്നം ആവശ്യമാണെന്നും നമുക്ക് മനസ്സിലാക്കും. കുടുംബമായിരിക്കുക എന്നത് സ്നേഹത്തിന്റെ ഒരു പരിശീലനമാണ്. ഈ പരിശീലനം നേടുവാൻ തിരുകുടുംബം നമുക്ക് മോഡലാകണം. നമ്മുടെ വ്യക്തിപരമായ ചായ്വുകൾക്ക്, നമ്മുടെ നീതിക്കും, സത്യത്തിനും, നമ്മുടെ ആവശ്യങ്ങൾക്കും, നമ്മുടെ ദുശ്ശാസ്ത്രത്തിന്റെ ബലപ്രയോഗത്തിനും ഒരിക്കലും കീഴ്പ്പെടാൻ സാധിക്കാത്ത ഒരു സ്നേഹത്തിന്റെ പരിശീലനമാകണം. മനുഷ്യാവതാര നിമിഷം മുതൽ ഈശോയടുക്കി നമ്മെ എല്ലാവരെയും സ്വീകരിക്കുക എന്നത് പരിശുദ്ധ

അമ്മയുടെ എളിയതും ഏകവുമായ ജോലിയാണ്. അമ്മ, മിശിഹയാകുന്ന ശിലമേൽ നമ്മുടെ കുടുംബങ്ങളെ പണിതുയർത്തും. നമ്മുടെ ജീവിതത്തിന്റെ മോശമായ കാലാവസ്ഥയെ നേരിടാൻ കുരുത്തേക്കും. നമ്മുടെ ബലഹീനതയുടെ കാറ്റിനെയും പുത്രനോട് നമ്മെ ചേർത്ത് പിടിക്കും. പുത്രന്റെ തുറന്ന ഹൃദയത്തിന്റെ മുറിവുകളിൽ ഒളക്കുവാൻ നമ്മെ പഠിപ്പിക്കും. നമ്മുടെ ഓരോ ദിവസത്തെയും കുടുംബ പ്രാർത്ഥനയിൽ അവനെ കണ്ടെത്തുവാനും അവന്റെ സ്നേഹത്തിന്റെ മാധുര്യം നുകരുവാനും ആ അരുവിയിൽ നിന്ന് സഹോദരങ്ങളുടെ ദാഹം ശമിപ്പിക്കുവാനും നമ്മെ സഹായിക്കും. അതിനായി പരിശുദ്ധ അമ്മയ്ക്ക് നമ്മെ ഓരോരുത്തരെയും ഭരമേൽപിക്കാം.

“വിശുദ്ധിയുടെ മാതൃകയായ മറിയത്തിന്റെ
വിമലഹൃദയമേ, വിശുദ്ധരാകാമെന്ന
പ്രത്യാശ ഞങ്ങൾക്ക് നൽകണമേ !!!

ഗാനം

നാഥൻ വരുമ്പോൾ സ്നേഹം തരുമ്പോൾ
ആത്മാവിലെന്നും പൂമഴ
കുളിരുനി നിൽക്കും മനസ്സിന്റെയുള്ളിൽ
നന്മതൻ മഴവിൽ കൂട

ജീവിത വിഥിയിൽ നാം തനിച്ചല്ല
നാഥന്റെ വചനങ്ങളരികെ
സത്യമായ ജീവനായ് സ്നേഹപ്രതീകമായ്
തിരുവോസ്തിരുപ നിന്നരികെ.....

കാലിടരുമ്പോൾ കടലലരുമ്പോൾ
നാഥന്റെ സാമീപ്യമരികെ...
ഉള്ളുരുകുമ്പോൾ മനസ്സുഴലുമ്പോൾ
നാഥന്റെ മൃദുസ്വരമരികെ

By : Babykutty
Cherupushpam Unit

ONCE AGAIN RISES THE DAWN

Oh, once again rises the dawn
With the likeness of a young fawn
Painted with the colour of innocent blue
With streaks of orangish hue
It speaks a lot about the place
From where it originates
It symbolizes the start of something new
It tells us things so true
Spread over the enormous sky
It calms our minds and tells us to simplify
With stars going to bed
The yellow moon turning red.
As we bid farewell to the citizens of the night
Welcoming the day to be bright
Hiding the mystery of the night forever
A new dawn will begin revealing age old mysteries never
Everyone has their perception of this miracle
Everyone has to reach to success till the pinnacle
Let a new morning begin
Let yesterday be the past
Let the dawn smile to itself
I will come in a different disguise
I promise my admirers and myself
I will return with an aura so bright
To prove all truth and kindness right
Bidding farewell to the bluish starry sky
The mysteries of the dusk will be unknown
For years and years together.....

By Mrs. Reenu Davy
Blessed Chavara Unit

EXPECTATIONS OF PARENTS FROM THE YOUTH

From ages one of the most interesting conflict between parents and the youth is about understanding each other's EXPECTATIONS. Let me start with an open heartfelt admission, I believe that today's youth are highly eager, inquisitive, tech savvy and have a higher awareness quotient. Being a parent to two sons who are grown up I have realized that, today's society and education has taught our youth to question everything, from authority to nature. But I know through my experience all that my sons want from me is to have someone who actually listens and understands them and be given opportunities where they are held completely accountable. My experience while raising my sons was an eye opener and it taught me a lot, it was one of the best learning curve that we had together. Through what I call as parenting trial and error methodologies me and my children were able to strike a balance in understanding each other. Every parent would have or would be going through these adjustment pangs. I am echoing the reflections of the thoughts of many parents about what they have in their hearts and what they want to communicate.

To start I just want to give a back drop and say that the older generation has been brought up in larger or joint families. They have witnessed the Indian economy opening up or so called benefits of the liberalization only when they were in the middle stages of their lives. They have come from a generation which did not have any information explosion, too many choice of brands or multiple avenues of career choices from an opportunities perspective. Today with each passing day opportunities and choices are only increasing. On account of limited resources that parents had during their times, the only behavior that they learnt was to be prudent and conservative while using the resources that they had and that is the same lesson that they try to inculcate in their children.

Let's step back and just think a little bit more about what parents want to communicate through each interaction that they have with youth. I realized through my experience that if I had to get my sons to understand what I wanted to communicate, then I have to focus on the message. My first pact that I made with them was don't just listen or hear me when I speak. Make a genuine attempt to understand and if possible absorb the message that I am trying to communicate. For every parent sitting here the single most expectation that they have from today's youth is "don't just only listen to what they say, try to absorb the message and the true intention with which they are giving this message because your happiness and success is their victory & satisfaction in their parental life."

Parents are also human beings and one of the key expectation that is there in their hearts, but have difficulty in expressing is the lack of the 3 A's from their children. Any guesses what the three main A's are ??? ATTENTION, AFFECTION & ACKNOWLEDGMENT.

LEDGMENT. All human beings need these three boosters and there is no other better feeling for parents when they receive it from their own children. So when you volunteer and try to help your parents in daily household tasks or when you tell your parents a thank you for something that they have done or when you tell your parents how much you love them or you miss their presence when they are not there near you, it makes them happy and reinforces their very own purpose of their life which is to see their children succeed.

Have you all heard about Helen Keller ? She was the first deaf & blind person to earn a bachelor's degree and went to create an establishment which works for the blind and deaf people. She faced a lot of challenges in life. I am sure many of you would have seen the movie BLACK, where Amitabh Bacchan is trying to teach a blind and deaf girl, Helen Keller and her teacher went through such trying circumstances during her learning phase. Helen Keller once said "Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, vision cleared, ambition inspired, and success achieved." Every parent believes in developing the strength of character in their children with the expectation that they grow up as complete individuals strong in character. So when parents try to communicate about the importance of moral values it is with this very intention of helping you build the right character. Similarly when they expect you to be truthful or to learn from mistakes or to be spiritual or to keep good company it is to guide and fulfill their expectation of making you individuals who have a strong character.

As a parent I have always told my sons about the importance of investing time in relationships with loved ones. True quality relationships have a very high impact in our lives and help us grow as individuals. All parents have one unstated expectation and that is the youth need to invest time in understanding & building the right relationships. In today's world there are lot of distractions however it is important to have the right balance and spend time and invest in our relationship with God, with parents, and with good friends because these relationships are those treasures which make our mind and soul happy and contented. Parents definitely want you to have a relationship with GOD through prayer because prayers my dear young friends help us to build on human weaknesses, promote self- respect and most importantly teaches us the quality of patience.

As parents we all expect our children not only to be sensitive, but also grow as sensible and responsible individuals who can make us proud through their actions and who can teach us with their awareness and knowledge of today's times.

I will just like to end by saying that all parents have invested their wealth, their youthfulness and their life for their off-springs : "YOU THE YOUTH OF TOMORROW" because they all expect and believe in nurturing a future generation which is progressive, thoughtful, & caring, as the saying goes "GROWTH IS THE ONLY EVIDENCE OF LIFE"

By : **Paul K. P.**
St. Mary's Unit

EVE DONE IT FOR YOU

Look into my eyes
 you will see.
 What you mean to me
 Search your heart, search your Soul
 and when you find me there
 you'll search no more.
 Don't tell me it's not worth trying for-
 Can't tell me its not worth dying for-
 You know its true
 Everything I Do
 I do it for you.
 Look into your arms you will find
 There's nothing there to hide
 Take me as I am
 Take my life,
 I would give it up
 I would sacrifice
 Don't tell me
 It's worth fighting for
 I can't help it
 There's nothing
 I will want more,
 You know its true
 Everything I Do, I do it for you
 You can't tell me
 its not worth trying for
 I can't help it
 There's nothing I want more

God Helps Me

I love to run. I am an athlete. At school level I have won many gold medals. I have even got trophies for being the individual champion. I now dream to win a Gold medal in the Olympics.

God has been always helping me achieve my dreams. One of my dream was to become the Sports Captain of my school for which I was desperately trying. Last year with Gods help and motivation & support from my family I achieved it. I felt very happy.

This year I am the school sports captain very I am very happy. This is one of the goals in my life to get a gold medal in Olympics. I am working very hard to achieve it. There are many people who are motivating me to achieve this goal. I daily try to balance my studies and sports. I see to it that I practice regularly atleast for an hour or two.

My next dream was to win a prize in Inter-School meets. I was unsuccessful for 4 years & I used to get disheartened. But even then I kept praying and trying and trying and finally, last year I secured a prize in 200m and 400m. I firmly believe that this is just because I kept on believing in God and myself & practiced hard and never lost hope. This was possible only because of my support system who are my family, friends and most importantly God. My secret to achieving success has been to start everything with a prayer to him to let me win. Because without him nothing would have been possible. He taught me a lesson that try and try until you succeed. Thank You Jesus and always be there with me in my difficult times to help me cope with it.



By **Claire Paul**

Cherupushpam Unit

I would fight for you,
 I will for you
 Walk the wire for you,
 Yes I will die for you
 You know its true,
 Everything I Do
 EVE DONE IT FOR YOU

By : **Darwin Paul**
St. George Unit

PEACE OF MIND WITHOUT STRESS

Stress is a normal part of life. Every day we face countless tasks that they sometimes become over-whelming and cause us to stress out. Here are 15 ways to overcome daily stress and maintain a happy life.



1. Eliminate unnecessary commitments.
2. Stop analyzing and start doing.
3. Do one thing at a time.
4. Learn to say no and really mean it.
5. Don't compare yourself to others. Life is not a contest.
6. Find reason to laugh. Even laughing at yourself helps.
7. Let's not try to control everything.
8. Walk away from anything or anyone that makes you miserable.
9. Practice gratitude. That you are alive is still a gift.
10. Control over expectations to avoid disappointment.
11. Stop being a perfectionist and move on.
12. Don't stress out trying to get everyone to agree with you.
13. Stop longing for the past and start living in the present.
14. Don't trade sleep for work and don't trade family time for work. Be balanced.
15. Help others whenever it is within your power to do so.

Peace of mind is something everyone should strive to attain, to some it comes easily, for others it takes more learning and practice time.

By **Mrs. Reenu Davy**
Blessed Chavara Unit

Mother's Expectations from the Youth

The word Mother is perhaps the most glorified word in the dictionary. Many wonderful things are said about mothers. Internet and facebook are full of tributes and glorified words about mother. But in practice what is the status of a mother, what are her expectations and what is the reality. Eric Fromm, a noted German psychologist has said that "The mother-child relationship is paradoxical and, in a sense, tragic. It requires the most intense love on the mother's side, yet this very love must help the child grow away from the mother, and to become fully independent." Ithuthanneyaanu malayalathil pande nammal kettittulla pazhamozhi "Ammamaar verum kariveppilayaanu" Aavashyam kazhinjal eduthumattanullathu.

Traditionally in Indian Society, women are always oppressed, suppressed and neglected in the families. Alcoholism and related behavioral problems of the men folk and the general attitude of the society have driven many women to the point of running away from the life, the only reason many still carry on is for the sake of their children and children only. In my teaching profession, I have seen many mothers who come to us and tell us that we live for these children and yet they do not listen to us, they do not even talk to us. So, I think the worst and last thing that could happen to a mother is a feeling that they are not even wanted by their children. What I want to tell my dear children is that please know that we love and we live for you. Never ignore your mother, your parents.

May I delve on this point a little bit more. There is no need to explain the pains a mother takes to bring up a child. A child needs mother right from the time of conception, birth, infancy and childhood. The mother and child are inseparable and the child needs the mother for anything and everything. Even when he or she starts going to the school, they return from school and fall into the arms of the mother. He narrates all the incidents in the school, about the teachers, friends. But things start to change when they reach adolescence. Suddenly, they don't have anything to share with the mother. If you ask them something they will say that we don't understand, nothing, "kuch nahi". This is so painful. We may not be conversant with the modern technologies, we may not be following facebook, twitter and whatsapp, but know that we understand your face, your emotions and your mood swings

better than anyone. So come and talk to us, we may not agree on all things, we may fight and argue, but never ignore us and hide your emotions and problems from us. If you tell the problem, sometimes we may scold you, but at the end, we could together find a solution for your problems, your anxieties. Many a times we understand and come to know of your problems and your relationships from outsiders and when it is irreparable. So the bottom-line is the need for communication.

Mothers need respect, at least from their children. Please don't yell at us. We hate back answering. You have lot of patience to listen to your friend's ideas and advices. You go on chatting with them on mobile and internet for hours together. But you don't want to listen to us, you don't have any value for our advice. Understand that your friends don't have the expertise or experience like your mother. So try to be polite and share your problems in a more civilized way.

I would like to now put forth some specific areas of conflict in the relationship between a mother and the youth.

Mothers are constantly worried about your safety. So inform her about your schedule, the exact places where you are, with whom you are going, when will you come back etc.. I think mothers have the right to know all these. It is not that you don't have any freedom. We are worried about your safety. Anything can happen any time. But don't tell lies about these matters and don't make us a fool. We all have seen in the media as to what happened in the Esther case recently.

Tell us about your friends, your hang outs etc., We may not agree with all your friends but for selecting the friends you may think for a second about our opinion?

Be honest. We can easily make out when you make up stories. Do not hide things. If we give you pocket money, have the courtesy to tell us what you did with it. Why do you feel that it is an invasion into your privacy when we ask for the accounts?

Privacy. This is one thing I hear among teenagers and youth 'we need our privacy'. We have no problem with privacy, but, with your secrecy. We trust you enough to give you smart-phones though we are always advised against giving high end phones to teenagers. Respect the trust we have in you. What is the need for passwords on your mobile phones, locked rooms etc? Swipe password, pattern lock, numeric password and what not? The

need for so many passwords shows that you are hiding something from us, something which we may not approve. And you very well know that it is not right and hence you are hiding it.

Mobiles, Whatsapp, facebook, google hangouts ---- the youth is continuously on their cell phones. Even though you spend a major part of your time with your friends still you are always on whatsapp- chatting. You never have time to talk to us? When you are at home, give us your time.

Photos. Another thing which annoys us sometimes is your constant obsession with photos, selfies. Go to the bathroom, changing room, click photos! There was a hilarious post on facebook which I saw recently, "Neil Armstrong went to the moon clicked 3 photos, girl went to the bathroom clicked 45 photos". Boys are no less in this matter. When you post these photos on facebook think that it is in public domain, visible to a lot of people and can have many implications in the future. What poses and with whom you click the pictures, think of the consequences, think of what others will think.

Food. Mothers take a lot of pain to give you a balanced diet. They cook with a lot of love and dedication. It is not very pleasant to struggle in the kitchen the whole day and then you come and crib and complain about the food or say that you already had food with your friends. At least inform us if that is the case, we can also take some rest and save the hard work.

Come on time. Dress up decently. Follow the restrictions, rules and don't misuse the freedom. Please note that in our Christian families the attitude of "My life, My Rules" will not be tolerated. Many of you have the attitude "I don't care what people think". We don't like others passing comments about your behavior and dresses. You live in a society with certain rules and norms. You may not care what aunties gossip, but we as mothers and parents do. Don't tell us that all our friends do these things. There are some basic values and rules to be followed in a Christian family and there is no compromise on these basic things.

Pub culture. As a teacher I know what is considered 'in' and 'cool' among today's generation. And you and I know very well that the 'in' thing may not be the right thing. One example is going to pubs and discos. You may not drink and may go there only to have fun with your friends. But there are a lot of things which can happen at such places. And the worst thing is that if anything untoward happens there, then you won't even dare to tell

your parents.

Last, but not the least, as you have mood changes we also have mood swings. Some times we are also disturbed. We also need your love and care, especially when not well. Be sympathetic. Come and talk to us, help in the house work. When you are sick you expect us to be with you, pamper you. We also expect the same thing from you. We feel so happy when you do so and this will help to develop a good bonding. You expect unconditional love, care and support and patience from us, but do you even thought about the needs of the mother. Don't you think that we also need your love, care and support? Yes, we also have some expectation from you.

There were a lot of discussions here about inter-religious and inter-caste marriages. Before I wind up, I would like to share my thoughts on inter-religious marriages. We are brought up in a Christian family with a strong faith in our Lord Jesus Christ. How much pain we take to inculcate this faith in our children, how much pain our parents, the priests and the Church take to bring up us in this faith? We consider our God, faith and religion all important. That is how we were brought up. It is this faith that keep us together as a community and enable us to face all hardships and challenges in our life. When suddenly our children want to marry someone from other religion or faith, it means that they are ready to sacrifice or compromise this faith for the sake of a person, that they do not want their children to be brought up in the strong faith they were brought up and we as parents, have failed in our Christian duty to bring up our children in our faith. If anybody has a notion that they can still carry on in their faith with the same vigor without any compromise even after the marriage and can bring up their children in our faith, as we were brought up, I would say that they are in fool's paradise, unless your partner wholeheartedly agrees to embrace our religion and faith. So, before you select your life partner, give a serious thought about this. It is the most important decision in your life and give it all its due importance, consider all pros and cons, don't be led by emotions, egos and assert your right to choose your partner.

Thank you very much for patiently listening to me.

By : Mrs. Elsy George

Dominic Savio Unit

Youths' Expectation from Parents

There is no one on planet Earth who doesn't have expectations. Right from tiny tots to the matured ones, all have some or the other expectation from life or from the people known to them. Many-a-times, some say that it is good to expect nothing from others otherwise you'll end up being hurt. To some extent it's a fact – truth of life. But, as a youth I have lot of expectations from my family, friends, and relatives but especially from my parents. It is with regards to our lives, our likes and dislikes, the love we expect from our homes instead from outsiders, the understanding between a parent and a child. I expect my parents, all my fellow youth's parents to understand us, listen to us, know our likes-dislikes, correct us if we are wrong and not to yell at us. We as youth expect peaceful communication with parents.

Many-a-times it does happen, parents have misconception that we as youth take ourselves as grown-ups and don't want to listen to them but that's not right. We want to listen and do as per what parents wants us to do but that needs to be communicated rightly. At this period, as a youth I might rebel on words you say but it will not happen if you "understand us, communicate with us as a friend." Like Barak Obama rightly said, "It's important to make sure that we're talking with each other in a way that heals, not in a way that wounds."

As youth we start building up many dreams and wishes with regards to academics or career choice. At this point, we want our parents to help us, understand our choice and not de-motivate us; it only gives us a feeling that you are trying to fulfil your wishes through us. In such situation a rift develops which we don't want. You then start "comparing us with other youth" – how they live, what are they doing, etc. All of these dishearten us, give us wounds within. I am different and the other youth with whom you are comparing me is different. All don't have the capability or the ability to do things exactly the same way. My likes and dislikes differ. This comparison only gives us a negative feeling that in our parents' eyes we aren't the best but it's someone else. Listening to some awful talks from a third person and arguing with us is another rift building between us. "Its better not to be judgemental and make situations worse – communicating in the right manner is the answer to it."

For us, for me, my parent's trust is important than anybody else's'. I look upto my parents, they are my role models. "Children might be bad at

listening to their parents but they never fail to imitate them” – I know your smiling and have agreed to it. And so I expect them to guide me, believe in me, and not compare my skills with some other youth.

Whenever we face problems we walk upto you and you help us, in a similar way we will like when you will tell us the problem you are facing rather telling us “don't interfere in-between.” It only makes us feel left out. Never think we aren't capable enough to take up responsibilities but instead give us a chance. Such simple acts between parent-youth make things easy. Don't you think that's true?

It's a normal tendency but still sometimes, you try to “buy our affection” with material possessions. That's incorrect. Here you aren't trying to understand or might not even want to understand what we are trying to convey. Giving us materialistic possession will only ruin things. When parents affirm the value of their children, young people more often develop positive, healthy attitudes about themselves.

When there is lack of communication between parents and youth, it affects behaviours and attitudes. One never know how and when we youth will develop an emotional distress and end up doing something absurd. A healthy communication is an ideal way to sort many things and make life easier. We feel good when parents sit down with us to talk, know our day-to-day activities, showing interests in what we do and suggesting things accordingly. “Parental warmth is all that we want.” We expect a space to express our feelings to you whether its academics, friends, relationship or any other matter - an acceptance of honesty leading to recovery of every problems.

“Enjoy what you have, lead a content life.” In this complex universe, it is better to live as simple as you can. Therefore as a youth, we expect our parents to help us lead a “simple and humble life” no matter how rich or mediocre we are by our status. Because, it's not necessary everything will remain same forever. We want to know the pros and cons of having everything and having nothing in life. If you don't teach us the importance of money, we will never learn anything and will always be dependant; it will be difficult for us to grow as a responsible individual. We expect you to teach us the “etiquettes of life” and not how to do show-off business so that the society accepts us. The attitude of flaunting our possessions has only made a negative impact. People judge us which is not at all appreciated.

Similarly, I expect my parents “not to judge” my friends without knowing them. Because, we know how hurtful it is when someone else's parents judge me without knowing anything about me. Just because you heard

something wrong you start “spying” on us, is even more hurtful. This act only brings an end to the word “trust”. Let's not open the doors of negativity in our lives. We don't want anything like that to happen.

Our expectations are simple. We want to communicate openly, having no doubt that my parents will understand me. We want a space to come forward and tell you (parents) every little thing. We don't want to develop a fear and end up taking wrong decisions ourselves. We want you to standby us and not only show but make us feel you “trust us”. We want a relationship where our parents know everything first and then the rest of the world. This sort of openness gives peace and joy to us because then we don't live in a fearful world. We become comfortable, we will not go anywhere out to seek help or narrate our sorrows. Last but not the least, we always want you to be beside us. Nobody else could be the best role models for us than our own parents. No matter how grown-up we are we'll always want you, our dearest parents to hold our hands and lead us in the right path of life.

By **Maggie Davis**
St Martin unit

My God ! Hear me !

I'm alone in my life
Like a lonely little star
I desire for life
That flows like a pleasant stream

Oh God ! My God !
Let me flutter off to that land
Where pure thoughts and pure
Feelings flow freely

When I will be bright & Cheerful
Like a twinkling little star
Oh God ! My God !
You're the only solace of my life

By **Aleena Gimmi**
Don Bosco Unit

ഓർമ്മിക്കാൻ ... ആചരിക്കാൻ ...

മെയ് 2014

- 1 തൊഴിലാളി മദ്ധ്യസ്ഥനായ വി. യൗസേപ്പ്
- 2 വിശുദ്ധ അത്തനേഷ്യസ്
- 3 വി. പീലിപ്പോസും വി. യാക്കോബും ശ്ലീഹന്മാർ
- 6 വി. ഡൊമിനിക്ക് സാവിയോ
- 14 വി. മത്തിയാസ് ശ്ലീഹ
- 29 നമ്മുടെ കർത്താവിന്റെ സ്വർഗ്ഗാരോഹണം
- 31 പ. കന്യകാമറിയത്തിന്റെ സന്ദർശനം
വി. ജസ്റ്റിൻ

ജൂൺ 2014

- 7 വാഴ്ത്തപ്പെട്ട മറിയം ത്രേസ്യ
- 8 പന്തക്കുസ്താ തിരുനാൾ
- 9 മാർ അപ്രേം.
- 11 വി. ബർണ്ണബാസ് ശ്ലീഹ
- 13 പാദുവായിലെ വി. അന്തോനീസ്
- 15 പ. ത്രിത്വത്തിന്റെ തിരുനാൾ
- 19 പ. കുർബാനയുടെ തിരുനാൾ

നല്ല ജീവിത മാതൃക

തോസീത് (3:1) “ഞാൻ ദുഃഖഭാരത്തോടെ കരഞ്ഞു, ഹൃദയ വ്യഥയോടെ ഞാൻ പ്രാർത്ഥിച്ചു.”

നല്ല ജീവിതത്തിന്റെ മാതൃകയാണ് തോബീത്ത്, കടമകളെക്കുറിച്ചാണ് തോബീത്ത് നമ്മെ ഓർമ്മപ്പെടുത്തുന്നത്. മാതാപിതാക്കളെ മറക്കരുത് ഇന്നത്തെ തിരക്കിട്ട ജീവിതത്തിൽ നമ്മൾ ചെയ്യേണ്ട പലതും ചെയ്യാതെയും ചെയ്യരുതാത്തതും ചെയ്തുകൊണ്ടും ജീവിതം മുന്നോട്ടു കൊണ്ടുപോകുന്നവരായി നമ്മൾ മാറുന്നു. അതെ നമുക്ക് തോബീത്തിന്റെ ഓരോ വാക്കുകളും നമുക്ക് മറക്കാതിരിക്കാം. ദൈവത്തെ മറക്കാതെയും പാപത്തെ വെറുത്തും ജീവിക്കണമെന്ന് നമ്മെ ഓർമ്മപ്പെടുത്തുന്നു. കൽപനകൾ അനുസരിച്ചു ജീവിച്ചാൽ നിന്റെ ഭവനം ഐശ്വര്യം കൈവരും എന്ന് തോബീത്ത് നമ്മെ ഓർമ്മപ്പെടുത്തുന്നു. നിന്റെ സമ്പാദ്യത്തിൽ നിന്നും ദാനം മുഖം തിരിക്കരുത് എന്നും ദാനധർമ്മം ചെയ്യുമ്പോൾ ദരിദ്രകാലത്തേക്കുള്ള സമ്പാദ്യം നമ്മൾ കൂട്ടി വയ്ക്കുകയാണ് അത് ആർക്ക് എന്തു ചെയ്താലും നമുക്കത് സന്തോഷത്തോടെ ചെയ്യാം. നിന്റെ വലതുകൈ ചെയ്യുന്നത് ഇടതുകൈ അറിയാതെയും ഇരിക്കട്ടെ. എല്ലാം അറിയുന്ന ദൈവം നൂറിരട്ടി പ്രതിഫലം തരും.

അനുജനതകളിൽ നിന്നും വിവാഹം പാടില്ല എന്ന് വചനത്തിൽ വ്യക്തമായി പറയുന്നു. മക്കളോട് നമുക്ക് അവരുടെ വിവാഹത്തെപ്പറ്റി പറഞ്ഞു മനസ്സിലാക്കാം. തെറ്റിലേക്ക് വീഴും മുമ്പ് നമുക്ക് അവരെ വിവാഹത്തിന്റെ പവിത്രത മനസ്സിലാക്കാം. ക്രിസ്തീയ വിശ്വാസത്തിൽപ്പെട്ട ആളുമായെ വിവാഹം കഴിക്കാൻ പാടുള്ളു എന്നും ആ ബന്ധത്തിന് മാത്രമെ ആഴമുണ്ടാകയുള്ളൂ എന്നും ഉദാഹരണങ്ങൾ പറഞ്ഞും അവരെ മനസ്സിലാക്കാം. പൂർവ്വപിതാക്കന്മാർ ചാർച്ചക്കാരിൽ നിന്നാണ് വിവാഹിതരായത് സന്താനങ്ങൾ വഴി അവർ അനുഗ്രഹിതരായി.

പ്രാർത്ഥനയാകുന്ന മലകയറാൻ നമുക്ക് മടിയാണ്. അതിന് ഒത്തിരി കാരണങ്ങൾ നിരത്തുന്നവരുമാണ് നമ്മൾ. തമ്പുരാന്റെ പുനോട്ടത്തിൽ നമുക്ക് ഉലാത്തണമെങ്കിൽ പ്രാർത്ഥന കൂടിയേ തീരൂ. നമ്മുടെ പൂർവ്വികർ എത്ര കഠിനാദ്ധ്വാനികളായിരുന്നു. എത്ര ജോലിത്തിരക്കുണ്ടെങ്കിലും കുരിശുമണി അടിക്കുമ്പോൾ ഭവനത്തിൽ എത്തി ഒരുമിച്ച് കുടുംബങ്ങൾ എല്ലാവരും പ്രാർത്ഥിക്കുന്ന അനുഭവം നമ്മൾ കണ്ടു വളർന്നവരാണ്. ഞായറാഴ്ച മുടക്കം കൂടാതെ ദിവ്യബലി അർപ്പിക്കുന്നതിലും ശ്രദ്ധിച്ചിരുന്നു.

അതെ നമുക്കും ആ നല്ല മാതൃക അനുകരിക്കാം.

അറിവുള്ളവരിൽ നിന്നും നമുക്ക് നല്ല ഉപദേശങ്ങൾ സ്വീകരിക്കാം. ഒരു ദിവസം തുടങ്ങും മുമ്പ് ദൈവത്തിൽ നിന്നും വേണ്ടുന്നതെല്ലാം ഒരു കുഞ്ഞിന്റെ നിഷ്കളങ്കതയോടെ ചോദിക്കാം. ദിവസത്തിന്റെ അന്ത്യത്തിൽ തന്നതിനെല്ലാം നന്ദി പറഞ്ഞ് ഉറങ്ങുന്നവരായി മാറാം. ധനവാനായി തോബീത്തിന്റെ എളിമ,

The Interview with God

I dreamed I had an interview with God.....

So you would like to interview me? God asked.

If you have the time, I said.

God smiled.

My time is eternity.....

What questions do you have in mind for me ? God asked.

What surprises you most about humankind ? I asked.

God answered.....

"That they get bored with childhood, they rush to grow up, and then long to be children again.

That they lose their health, to make money and then lose their money to restore their health.

That by thinking anxiously about the future, they forget the present, such that they live in neither the present nor the future.

That they live as if they will never die, and die as though they had never lived".

God's hand took mine and we were silent for a while.

And then I asked, as a parent what are some of life's lessons you want your children to learn?

"To learn they cannot make anyone love them. All they can do is let themselves be loved.

To learn that it is not good to compare themselves to others.

To learn to forgive by practicing forgiveness.

To learn that it only takes a few seconds to open profound wounds in those they love and it can take many years to heal them.

To learn that it is not enough that they forgive one another but they must also forgive themselves".

Thank you for your time, I said humbly.

Is there anything else you would like your children to know?

God smiled and said.....

"Just know that I am here"

"Always"

താഴെ അത് നമുക്ക് മാതൃകയാക്കാം. തലമുറകളായി ദൈവത്തിന്റെ അനുഗ്രഹം നമ്മുടെ മേലും ഒഴുകി ഇറങ്ങട്ടെ. വീവാ തെരേസ വായിക്കുന്ന എല്ലാവർക്കും ഉയിർപ്പു തിരുനാളിന്റെ മംഗളങ്ങൾ സ്നേഹത്തോടെ നേർന്നുകൊള്ളുന്നു.

By : **Philomina Sibichen**
St. Thomas Unit

PLIGHT OF STREET CHILDREN AND WOMEN



Today, as usual I got ready for office in the morning to catch the 9.10 am Thane train. As I was climbing down the staircase to platform no. 1 of Nerul station, I saw this woman who would be somewhere in her mid twenties sitting at the corner of the last stair. She was looking down to her feet and lost somewhere. I caught the glimpse of her face - that reflected depression, pain, agony ... something within her wanted to burst out but could not. She was so much within herself that she did not realize what was going on. She had wheatish complexion, hair undone, and was wearing soiled ghagara & choli. She was engrossed in some thoughts.... perhaps the thoughts of the plight she has been undergoing since born and still suffering. Possibly a street kid who grew up to a young lady. She had good eyes but those eyes had sadness. A look of a person in depression but no one to understand or help. I further looked at her, and I saw another horrible sight...her hands had several bruises. These bruises extended all over her hand till her elbow. As if somebody burned her hands with a thin steel rod. The bruises appeared to be healed long ago with the scars left. May be she was subjected to this horrific pain years ago..in childhood - my assumption. Though the wounds healed, it left the scars not only on her hands but also in her mind and heart.

It was a situation I could not do anything what can I do at that moment. May be she has a place to go..may be she has a family and kids who are another people in her life with similar plight. If I ask her something, then there is a fear how she would react - my heart overwhelmed with this distressed sight of today whom to tell to save this young lady. There are solutions to every problem on earth then why we the people in this era still have women and kids on streets with such plights. I remembered this is the same lady whom I saw yesterday in the train sitting at the door side while I was getting down at Ghansoli station. It was a usual sight and I was busy alighting from the not so crowded train to catch the rickshaw for Millenium Business Park (MBP). But today I observed her and could narrate her state of condition here.

I wish I were a billionaire one day (I know this is too much of an expectation) not for me but to bring change in the life of street children and such women. May be I can form a group, and begin with approaching these people to discuss their plights, counseling them and making them realize there is hope...things can be counseling better in their life. These kids who move around from one train to another....lying on the railway stations and begging most of the time can be sent to school for basic

education. Women and grown up boys can be taught how to read and write. They can be trained with various skills and can be employed. These were the thoughts going on in my mind when I was moving ahead to get into the ladies compartment. I understand there are NGOs and there are government organizations who are helping such people. But we still see many out there who needs help to lead a satisfactory life. Feeding them for a day or two will not solve the problem. As the famous Chinese proverb says:

"Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime."

I got down at Ghansoli station, still with the thought of the sight in my mind. As I moved further I saw another distressful sight. Two kids all in rags. One boy who would be around 8-9 years of age and another girl child who would be a year and half old. So cute were the boy and the girl but with a face that would have not been wiped for the last 10 - 15 days ..can't even expect if they bathed. As I am writing now, I could not forget the face of the girl child....she was so cute..an innocent little child. I cannot forget her...I had the urge of hugging her and taking her under my care. Why she should be subjected to such a plight? At an age where her mother should be caring & pampering her, providing her milk and food, she was wandering around the station all confused. May be thinking... IS THIS LIFE? How come there are few people getting down from the train all well dressed, with cell phone hooked to their ears...all blessed people and why are we like this, deprived of everything? Why are we different? Are we cursed being? No answers to these questions of those kids.

We should feel ashamed of crying & cribbing for small things in life that doesn't even matter much. See the small kids on street, they don't even get basic food and shelter. They do not even know what happiness is and what the basic necessities are. Don't they have the right to live a normal life? Can we make some change to this shameful situation? AWAKE PEOPLE AWAKE!! TILL THE TIME WE HAVE DEPRIVED KIDS ON STREET WHATEVER WE ACHIEVE IN LIFE IS MEANINGLESS!!! LET'S CONTRIBUTE TO THE UPLIFTMENT AND THEN FEEL PROUD OF ALL THE THINGS WE ACHIEVE IN LIFE.

I am doing my part in little ways possible based on my capacity at the moment. I wish to do more and pray to God to help me achieve my dream so that when I leave this world there is no regret and can feel that this life has been worth lived!

"Thinking is easy, acting is difficult, and to put one's thoughts into action is the most difficult thing in the world." — Johann Wolfgang von Goethe

By : **Philomina Joseph**
St. Xavier's Unit

MAY 2014

SUN.	MON.	TUES.	WED.	THU.	FRI.	SAT.
				1 Colo.3;14-17 Mt.13;53-58	2 1Cor.1;18-24 Mk.4;1-9	3 1Cor.9;16-27 Jn.14;1-6
4 Is.56;1-7 Eph.1;3-14 Jn.14;1-14	5 Jac.5;7-12 Mt.25;1-13	6 1Thes.5;12-22 Mk.4;13-20	7 Phi.1;21-26 Mt.8;1-4	8 2Cor.8;1-11 Mk.4;35-41	9 Rom.15;1-6 Lk.6;6-11	10 Jac.2;14-17 Lk.6;46-49
11 Is.49;13-23 Eph.2;1-7 Jn.16;16-24	12 1Thim.6;13-16 Lk.20;9-16	13 1Thim.6;17-21 Mt.19;23-30	14 1Cor.1;26-30 Mt.11;25-30	15 2Pet.2;1-13 Mt.15;1-9	16 Eph.5;13-21 Mk.6;35-44	17 1Cor.14;20-25 Mk.6;1-6
18 Is.49;7-13 Heb.10;19-25 Jn.21;1-14	19 1Pet.4;12-19 Lk.11;29-32	20 Jac.1;22-27 Mt.21;18-22	21 Colo.3;5-11 Jn.3;1-8	22 Heb.3;7-13 Jn.5;24-29	23 1Cor.2;1-5 Mt.15;10-20	24 Heb.7;11-17 Jn.15;26-16;4
25 Is.52;7-12 Eph.2;11-22 Jn.17;20-26	26 1Pet.2;1-5 Mt.23;23-28	27 2Pet.3;10-13 Mk.13;32-37	28 Eph.5;1-5 Jn.15;11-17	29 1Thim.2;1-7 Lk.24;44-53	30 Phil.3;12-15 Jn.3;31-36	31 1Cor.7;32-35 Lk.1;39-45

JUNE 2014

SUN.	MON.	TUES.	WED.	THU.	FRI.	SAT.
1 Is.6;1-13 Phil.2;1-11 Mk.16;14-20	2 2Thes.2;13-17 Jn.4;3-15	3 1Cor.8;8-13 Lk.12;13-21	4 1Jn.4;12-21 Jn.17;1-5	5 1Jn.1;1-3 Lk.14;25-35	6 1Jn.2;22-25 Mt.24;7-14	7 Gala.2;19-21 Mt.25;31-40
8 1Cor.12;1-11 Jn.16;5-15	9 Rom.5;1-5 Mt.5;13-20	10 2Thes.1;3-12 Mt.20;29-34	11 Gala.2;1-10 Mt.10;16-22	12 Heb.8;7-13 Jn.2;13-25	13 1Cor.13;1-13 Lk.7;11-23	14 1Cor.12;12-20 Jn.6;25-29
15 1Cor.6;1-11 Lk.7;36-50	16 Phil.3;16-21 Jn.11;17-27	17 1Cor.9;1-12 Jn.6;64-71	18 1Cor.6;12-20 Jn.6;37-44	19 1Cor.11;23-30 Jn.6;51-59	20 1Cor.3;18-23 Jn.6;45-50	21 1Cor.10;14-22 Jn.6;1-15
22 1Cor.7;1-7 Lk.10;25-37	23 1Cor.12;18-27 Jn.6;30-36	24 1Cor.4;15-21 Lk.1;57-66	25 Phil.2;12-16 Jn.4;39-42	26 1Cor.3;1-9 Lk.8;4-15	27 Rom.10;1-10 Jn.19;30-37	28 Eph.1;2-8 Lk.2;41-51
29 1Cor.9;19-27 Jn.21;15-19	30 2Cor.1;3-7 Mk.5;25-34					

God helps those who help themselves



Today's world girls / women get targeted by stalkers/mischief mongers looking for an easy victim to exploit. Being alert to surroundings will help people avoid such situations. Some cases from real life

1. Case Study # 1: **Girl attacked by an 'alleged' jilted lover on a Railway overbridge in Mumbai**

Suhasini** is a young office going professional who works in one of the innumerable office complexes located in the Bandra Kurla Complex of Mumbai. She comes to work using the suburban train services just like numerous others in the city.

On this unfortunate day, Suhasini after de-training, was walking across the railway overbridge, when she was accosted by an emotionally charged and a visibly shaken Vikas, who lived in her neighbourhood. He demands that she accompany him with the ultimate aim of marrying her. Taken aback at the abruptness and the aggressiveness of the unwanted proposal, she brushes it away and walks. On being rejected, Vikas** reaches into the small bag that he was carrying and brings out a sharp barbers' shaving blade and slashes her face, neck and torso.

Like all such incidents of violence this also had a past. Vikas had romantic interests on Suhasini who rejected his advances. On the fateful day Vikas had made numerous phone calls to Suhasini. But on getting rebuffed, the calls became threatening in nature, something which Suhasini dismissed.

2. Case Study # 2: **College going girl attacked in the premises**

Chetna College in Mumbai is located in the educational hub of Mumbai. The college campus has its usual mix of trendily dressed youngsters of the 'You-only-live-once' generation, all of whom have varied opinions on a wide variety of subjects, networking and developing youthful relationships.

Kumar** was an intense and possessive young man, pursuing the final year of his graduation. Kumar's special interest was towards a young and good looking girl, Kadambari**. An extrovert by nature, Kadambari reacted

neutrally to all contacts with Kumar never providing any chance to let him think that their friendship was in any way 'romantic in nature'. However, she seriously misjudged Kumar's behaviour.

As Kumar perceived, Kadambari's reactions were the signal of his positive wooing. Soon he resorted to stalking and in the subsequent months she broke all connections with him. This infuriated Kumar who thought he 'owned' Kadambari. He did try to show his displeasure to her, but she had completely shut him out of his life.

Kumar seeing Kadambari, accosted her on the staircase and again professed his love for her. Kadambari's negative reply to this, thoroughly enraged him and he pulled out a kitchen knife and stabbed Kadambari in the chest. Her screams, as she fell drew the attention of staff and students alike.

Precautions that could assist you to survive such situations

If we look closely at all the incidents, we see that violence in all cases is preceded by indicators of the impending aggression. The aggression can be triggered off by varied factors e.g. – rejection of advances of a crazed suitor, psychological imbalances, causing hurt to a harasser etc. How can we prevent such things from happening? Below are a few of the actions we can initiate.

1. Be constantly aware of your surroundings. Listening to music on portable music devices or talking while walking is definitely asking for trouble.
2. Blend into the environment that you are in. Dress as per the environment.
3. Trust your instincts - they are seldom wrong.
4. If you are out for a party then ensure that you have a secure drop home. More importantly, your leaving the party should not be connected or dependent on someone else's attending the same party.
5. Once you board a taxi/auto make it a point to call some trusted person in the ear shot of the driver and give out the license number of the vehicle that you are traveling. Also never board a taxi/auto if there is somebody else with the driver in the vehicle.
6. Pre paid taxis autos are definitely a safer option. Always avail this facility even if it means that you have a long waiting line or a little

extra to pay !

7. Never take 'lifts/hitchhike' with strangers. Your danger gets compounded if there are more people in the vehicle.
8. Keep a control of the information that you give out on the social media. Remember if you are planning to meet persons whom you have met on the social media then be prepared to see a vast difference in persona which was projected and what you actually witness.
9. If faced with hostile situations try and maintain a standoff distance between the assailant and you. Better still keep a barrier [this can be persons or even permanent fixtures] between you and the person who threatens your well being.
10. Appear purposeful in your movements. Do research about new place that you are going to.
11. If you are being harassed, then - Scream and draw attention to yourself so that you get the leeway to move away from the situation.
12. Be wary of vehicles or people who try to stop you to ask for directions.
13. Inform friends and family of your whereabouts and Install software onto your phone and keep emergency numbers on the speed dial which can assist you in getting help during difficult times.
14. Wear appropriate footwear - Wearing stylish stilettos is a great fashion statement. But be wise carry these in your handbags and slip it on a la "Cinderella."
15. Learn functional self-defense. Learn to use things which are with you handbags/laptop bags, umbrella, cellphone, nail cutters as this may assist you in avoiding getting into such painful situations.
16. Inform your friends and family if you face any situation which makes you uneasy. Threats exist everywhere. We have to be aware of them.

** All names mentioned are imaginary.

By Paul Devassy
Cherupushpam Unit



With Best Compliments from :

J. A. Devassy

A-702, Meridian CHS Ltd, Plot No. 25, 26 & 27,
Sector - 6, Nerul West, Navi Mumbai - 400 706.

Mob.: 98199 23438

സ്ത്രീധനം - സാമൂഹ്യസന്ദേശം

(ഓട്ടൻതുളുൽ രീതി)



സ്ത്രീധനമെന്നൊരു ഭൂതത്താൻ ഈ
ഭൂമിയിൽ കൂടിവെച്ചു നൂതൽക്ക്
സ്ത്രീധനബാധകളേറു നടുങ്ങി
സ്ത്രീകൾക്കൊന്നും ഉറങ്ങാൻ വയ്യ
സുന്ദരി, ബിന്ദു, സുലോചന, മണികൾ
സ്ത്രീധനമില്ലാതെന്നൊരു കുറവിൽ
കെട്ടാമങ്കളായി ഭവിച്ചത്
കാണാൻ കണ്ണുള്ള വരിയെന്നോ
ഓട്ടൻ തുളുലിൽ പലതും ചൊല്ലും
കേട്ടവരാരും കോപിച്ച്ക്കരുതേ
കോപം കൊണ്ടൊരു നേട്ടവുമില്ല
കോപം വന്നാൽ നാശം പുറകെ
കേട്ടതു ചൊന്നാൽ കഞ്ഞി തരില്ല
കണ്ടതു ചെന്നാൽ വെള്ളവുമില്ല
സത്യത്തിനൊരു വിലയില്ലാതായ്
നൂണുകൾ നാടു നിറഞ്ഞൊരു കാലം
ഒരു നൂണ ചൊല്ലി ഫലിക്കുന്നതിന്
ഒരു പിടി നൂണുകൾ പറയേണ്ടിവരും.

ഉരുളൻ പാറയിൽ പണ്ടൊരു കാലം
ഉണ്ടായൊരു കഥ ചൊല്ലുന്നിവിടെ
മത്തായച്ചൻ - മർജ്ജിത്തായ്ക്കും
മക്കൾ ഒമ്പത് പെൺ പട തന്നെ
ആനി, ബീന, സിസിലി, ഡാർലി
എബീസീഡിയിൽ പേരുകളൊമ്പത്
പത്താമത്തൊരു ആൺതരിയാവാൻ
പള്ളിയിലൊക്കെ നേർച്ചകൾ നേർന്നു

മദ്ധ്യസ്ഥത്തിന് പുണ്യാളന്മാർ
മെഴുതിരി കത്തി കപ്പലുകളിൽ
മത്തായിയുടെ പ്രാർത്ഥന ഫലമായ്
പത്താമത്തൊരു ആൺകുഞ്ഞുണ്ടായ്
കൊച്ചിന് പേര് ബിൻസൺനിട്ടു
കൊച്ചിൻപ്പന് ടെൻഷൻ തീർന്നു
മക്കൾ വളർന്നു വലുതായപ്പോൾ
മത്തായച്ചന് വീണ്ടും ടെൻഷൻ
മുത്തവൾ ആനി ബി. എ. ജയിച്ചു
മുംബൈയിൽ സർക്കാർ ജോലിയുമുണ്ട്
ബ്രോക്കർ ചാക്കോ വലവെച്ചപ്പോൾ
മുംബൈയിൽ നിന്നൊരു ചെക്കൻ വന്നു
പയ്യൻ കാണാൻ ഇത്തിരി ഭേദം
പത്തിൽ തോറ്റത് പത്താം റാങ്കിൽ
പയ്യന് പെണ്ണിനെ ബോധ്യപ്പെട്ടു
പുറകെ ഡിമാന്റുകൾ ഒന്നൊന്നായി
പണമായ് റൊക്കം അഞ്ചര ലക്ഷം
പത്തരതോല സ്വർണ്ണക്കട്ടകൾ
ആരേണം അതിലേറെ വേണ്ട
മോഷ്ടാക്കൾ വിളയാടും കാലം
ഓട്ടോറിക്ഷകൾ ഒന്നോ, രണ്ടോ
ഓട്ടോ പൈലറ്റാണ് ചെറുക്കൻ
ചാക്കോച്ചിയുടെ മദ്ധ്യസ്ഥതയിൽ
തുകയിൽ അൽപം ഇടിവുണ്ടായി
പൈസക്കായി മത്തായച്ചൻ
പലവഴി പരതി കുറങ്ങി നടന്നു
തടിയാൻ പ്ലാവ് മുറിച്ചു കൊടുത്തു
കല്യാണം അടിപൊളിയായ് തീർന്നു
കീഴ് നിറഞ്ഞു ചാക്കോച്ചിയുടെ
സ്ത്രീധനമൽപം കുറവെന്നാകിൽ
മുടിയിൽ പിടിയും, അടിയും, ഇടിയും
സ്ത്രീധനമൊക്കെ കുറഞ്ഞെന്നാകിൽ
സ്ത്രീധനം പടപട പൊട്ടുകയായി

കാലം മാറി, കോലവും മാറി
കണ്ടാൽ ആളുകൾ മിണ്ടാതായി
പണവും, ഹുങ്കും കുടിവരുമ്പോൾ
പാവങ്ങൾക്കൊരു വിലയില്ലാതായ്.

സ്ത്രീ ഒരു ധനവും, ദാനവുമെങ്കിൽ
സ്ത്രീധനമെന്തിന് വേറെ വേണം
സ്ത്രീധന നിയമം മാറി വരുമ്പോൾ
സ്ത്രീധനപിറകൾ ഏറിവരുന്നു
ഭാരതനാരികൾ വിരാഗനകൾ
കേരള തരുണികൾ വിദ്യാധരണികൾ
സ്ത്രീജനമെല്ലാം ഒന്നിച്ചണിയായ്
സ്ത്രീധനമെന്ന ഈ ഭൂതത്താണെ
ഭൂമിയിൽ നിന്നുമകിഴ്ചോടിപ്പാൽ
സ്ത്രീധന മാമൂൽ ഇല്ലാതാകും,
സ്ത്രീധന മാമൂൽ ഇല്ലാതായാൽ
സ്ത്രീകൾക്കൊക്കെ ശാന്തി ലഭിക്കും
സ്ത്രീധന ബാധകളില്ലാതാകാൻ
ജഗദീശ്വരനെ കൃപയേകണമേ.

By P. M. Jose
Holy Family Unit

Tricky Question

The multiplication given below can be done within
30 seconds even without a calculator.
What is the answer ? Why?

$$9 \times 8 \times 7 \times 6 \times 5 \times 4 \times 3 \times 2 \times 1 \times 0$$

Parish Council Members for the year 2014-2016

No.	Name	Designation / Unit
1	Fr. Biju Kollamkunnel	Parish Priest
2	Fr. John Koovakunnel	Asst. Parish Priest
3	Mr. C.J.Nelson	Trustee
4	Mr. Joseph Nilavamthara	Trustee
5	Mr. Georgekutty George	Zonal Council Rep.
6	Mr. John Paul	Zonal Council Rep.
7	Mrs. Jancy Joseph	Zonal Council Rep.
8	Rev Sr. Jainamma	Reli. H. W. Rep
9	Mr. Joseph Thomas	St. Alphonsa
10	Mr. Mathew John	St. Antony
11	Mr. Davy Antony	Bl. Chavara
12	Mr. Roy Mathew	Cherupushpam
13	Mr. T V Varghese	St. Dominic Savio
14	Mr. George Joseph	St. Don Bosco
15	Mr. Babu Marokhi	Fathima Matha
16	Mr. Babu K C	St George
17	Mr. John Antony	Holy Cross
18	Mr. Biju Jose	Holy Family
19	Mr. Joseph Varghese	Holy Rosary
20	Mrs. Bea Thomas	Holy Trinity
21	Mr. Babu Pullan	Infant Jesus
22	Mr. V L Johnson	St. John
23	Mrs. Marykutty Ajith	St. Joseph
24	Mr. Sanju Thomas	St. Jude

25	Mr. Tony Chacko	St. Martin
26	Mr. T P Varghese	St. Marys
27	Mr. Jilson Jose	Bl. Mother Teresa
28	Mr. Joy Paul	St Paul
29	Mr. V A Mathew	St Peter
30	Mr. V G Varghese	Sacred Heart
31	Mr. Ryan Joy	St Sebastian
32	Mr. Maju Mathew	St. Thomas
33	Mr. Santhosh Paul	St. Francis Xavier
34	Mrs. Silvy Antony	Cat. Teacher Rep
35	Mr. T.D.Johny	Pithruvedi
36	Mrs. Jiji John	Mathrusangam
37	Mr. Amal Joy	Key Rep.
38	Mr. T.S.John	Choir
39	Mr. Jose Antony	KKK Rep.
40	Mrs. Kunjumol Thomas	Prayer Group Rep
41	Mrs. Regeena Mohan	Ex officio
42	Sr. Moliamma	Nominated
43	Mr. Joseph Mathew	Nominated
44	Ms. Christy Shaji	Nominated
45	Mrs. Gracy Pathrose	Nominated
46	Mr. P.J Joseph	Nominated
47	Mr. A.J.Johnson	Nominated
48	Mr. E.P.Devassy	Nominated
49	Mr. V.I.Varghese	Nominated

Internal Auditors 2014 - 16

Mr. Simon K. K.
Mr. Ropson Paul

Novena to St. Little Flower



O Little Therese of the Child Jesus, who during your short life on earth became a mirror of angelic purity. Of love strong as death and of whole-hearted abandonment to God, now that you rejoice in the reward of your virtues, cast a glance of pity on me as I leave all things in your hands. Make my troubles your own-speak a word of Our Lady Immaculate, whose flower of special love you were-to the Queen of heaven "who smiled on you at the dawn of life." Beg her as queen of the Heart of Jesus, to obtain for me by her powerful intercession, the grace I yearn for so ardently at this moment, and that she join with it a blessing that may strengthen me during life, defend me at the hour of death and lead me straight on to a happy eternity. Amen



വി. യൂദാശ്ശീഹായുടെ പ്രാർത്ഥന

മിശിഹായുടെ സ്നേഹിതനും വിശ്വസ്തനുമായ വി. യൂദാശ്ശീഹായെ ഏറ്റവും കഷ്ടപ്പെടുന്ന എനിക്കുവേണ്ടി അപേക്ഷിക്കണമേ. യാതൊരു സഹായവും ഫലസിദ്ധിയില്ലാതെ വരുന്ന സന്ദർഭത്തിൽ ഏറ്റവും ത്വരിതവും ശോചനീയമായ സഹായം ചെയ്യുന്നതിന് അങ്ങയ്ക്ക് വിശേഷവിധിയായി കിട്ടിയിരിക്കുന്ന അനുഗ്രഹത്തെ അങ്ങ് ഉപയോഗിക്കണമേ. എന്റെ എല്ലാ ആവശ്യങ്ങളിലും വിശിഷ്ടം (ആവശ്യം പറയുക) അങ്ങനെയോടൊന്നുപേക്ഷിക്കുന്നു. ഭാഗ്യപ്പെട്ട യൂദാശ്ശീഹായെ അങ്ങയുടെ ഈ അനുഗ്രഹത്തെ ഞാൻ സദാ ഓർക്കുമെന്നും അങ്ങയുടെ സ്തുതികളെ ലോകമെങ്ങും അറിയിക്കുമെന്നും ഞാൻ വാഗ്ദാനം ചെയ്യുന്നു. ആമ്മേൻ.

Inserted by :

VINSHA VARGHESE
Don Bosco Unit